

**ANNA KOVACH'S**

**CANCER MAN**  
**SECRETS**



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# **Cancer Man Secrets**

## **Your Personal Guide to Understanding the Most Emotional Man Of The Zodiac**

It Started With Decoding The Secrets of The Taurus Man

I'd like to take a moment before we get started to tell you why it was I began my journey. You may not believe this, but, at first, I was extremely skeptical of astrology. It's true!

When I was young, I found myself in a relationship with a Taurus man. You know, it's funny, because he was everything people say they are: tenacious, hardworking, and oh so sensual.

I later found that tenacity could also be incredible stubbornness, that hardworking nature also had a lazier side, and well, his sensuality ran hot and cold.

I know you're nodding right now! These men are perplexing! It was just like he had two sides, which... being a Gemini, you'd think I could handle. I was wrong. I was also wrong in thinking he had two sides.

On a college break, my mother decided that I should vacation in Romania. My family immigrated there to Boston when she was just a little girl. She felt it would be a good idea for me to get in touch with my heritage and meet some of my family there.

At first, I was hesitant to go, because I didn't want to leave my boyfriend behind and I had a project I was working on for my theology course with a study buddy. I went back to college, we got high praise for the project, and finished out the term. Then, something happened that changed everything.

After months of what seemed like the perfect relationship, my Taurus boyfriend just stopped talking to me. The last few weeks were strange, every time I would talk about the project I was working on, he'd grow silent and sullen.

I reassured him constantly that my study partner was just that, but, I could tell he was jealous. He didn't lash out or anything, like boyfriends in the past, he just grew very cold and distant. Then, finally, he ended things. On the phone!

He called me and told me that he just didn't think things were working out, and that was that. So, I told my mother I'd be happy to go to Romania if the offer was still open. Turns out, she was right, a change of pace would do me

so much good- and, it would change my life!

On the plane, I went over what had happened in my mind so many times. I wanted to be over him, but, something just stuck with me. I knew that getting over breakups take time, but at this point, it had been a few months. I thought that at least by now I would stop crying when I'd think about it, but there I was, trying not to let people see me upset on the plane.

After a handful of layovers and a long trip, I finally landed in Romania. I first arrived by way of Otopeni, which is just slightly north of Bucharest. I had no idea how many stops this trip would take! But this was not the only big surprise I was in store for.

From there, I took a train, then a bus and finally arrived in Vernesti, where my aunt was waiting to pick me up. From there, we traveled to Soresti, where she lived. It's a short drive, only about a half an hour. Even as I enjoyed the scenery along the way, she could tell I was troubled. She asked me what was wrong, and I told her about my relationship, how it had ended. She nodded and smiled.

“What sign is he?”

When I told her that he was a Taurus, she laughed. I

couldn't believe it, here I had poured out my soul about this breakup, and she's cracking up at me. I must have looked puzzled because she started to tell me details about him that I hadn't even told her! It was like she'd been there all along.

I didn't know it then because I had not seen my aunt since I was a little girl, but astrology is actually very big in Romania. Once we got to her house, after settling in, I'd flipped on the television to see ad after ad for astrologers.

Late night television was literally awash with different psychics, homeopathic remedies, and of course, astrologers. My aunt was not one of those on t.v., but, in the comfort of her home, I knew she must be doing pretty well. Still skeptical, I went to get a glass of water, to find her sitting in the kitchen. That was when we had a talk that would change my life, forever.

As it turns out, my aunt was a very well known astrologer. She had been practicing for decades, and she told me of the many clients she'd helped through their troubles. She even had some celebrities on her roster! Some would fly in, from all over the world, just to seek her counsel.

Of course, at the time, I was still skeptical but, that was when I began studying the craft, myself. After all, once she

had his complete birth information, she drafted his chart and told me things that were so true. She also told me things I hadn't really considered but made so much sense now.

She then showed me how my chart interacted with his in what's known as a synastry report and my mind was absolutely blown! Of course, as a Gemini woman, well, on basic levels we are not all that compatible with Taurus men. However, armed with a new understanding and just a bit more hope, when I left to go home, I was ready.

When I got home, I called him. I was amazed at the incredibly long conversation we had! With my new understanding of Taurus men- even just a little I had learned at the time, I knew more about him than ever.

He seemed shocked at how well I "got him" now when before, he'd felt I hadn't truly understood him at all. That was why we'd broken up because he had felt insecure about things and he just didn't think that we were a match. Now, he seemed to have a change of heart- something that's hard to get a Taurus man to do, and after that long conversation, he asked if I wanted to meet for coffee.

Now, this guide to Taurus men is special for many reasons and it truly hits close to home. You see, not only did the



entire thing lead to my learning astrology- but, well, it changed my life in other ways, too. For the next few years, I went back to visit my aunt so many times. I took seminars in the states, and I learned so much about astrology. This became a calling and, well, it turned into a career helping others better understand not only each other but themselves as well.

So, what happened with my Taurus man and what else about all of this changed my life? In those years, my Taurus was by my side. Our love was deeper and stronger than ever. Of course, our sex life had always been out of this world, but now it was more sensual and passionate.

We had many more hours long talks into the night, and after two years, he asked me to marry him. Of course, we did the work to grow our relationship but using astrology to better understand it all was what made it happen when it seemed there was no hope at all.

My aunt was my matron of honor and the wedding itself was absolutely beautiful- and of course, the honeymoon was hotter than any other sex I'd ever had! Our relationship still has its ups and downs, but, because we both understand one another so much better: it's strong, steadfast, and more than I had ever dreamed love could be!

In the course of my work, I have gotten so many emails from distraught men and women, who just cannot understand their mate. I have talked with countless people about how to use astrology to help better their relationships, know themselves better- and of course, know their partners better. It is in that spirit that I hope this book helps you to have a stronger understanding of what makes these enigmatic men tick.

Best of luck!  
Anna Kovach

## **So, you're falling for- or have fallen for a Cancer Man**

Cancer men are absolutely beautiful in long-term relationships with the right women. They're ruled by their hearts- and their feelings, more so than their minds. This makes them incredibly thoughtful, intuitive, sensitive, affectionate and particularly so of those they're close to.

Their homes and their family are the most important things to them and you may find him to be especially protective of that. He is a man who will probably have you feeling incredibly loved and safe- and, of course, well cared for, always.

These are men who you will discover are remarkably faithful- supportive, kind and absolutely, wonderful fathers when they have children. You will also often discover that they're very funny, quite romantic and delightful in the bedroom.

Of course, this sounds like Mr. Perfect- but, if you're reading this, the odds are good you've run into some issues. They're remarkably emotional, being ruled by the Moon and think about how the Moon is. You probably know the Moon goes through cycles- well, so does your Cancer man. Now, you may find that your Cancer man is a bit on the controlling side, a bit possessive. He may seem

to emotionally vanish sometimes. As hard as he works-well, he will expect that of you, too. He might seem to you at times to be a bit of a stick in the mud and he may not want to go out as much as you do.

Now, if you're looking for a Cancer man, you may want to hit up the places where they like to go. This is also good to know if you're just getting started off with him. They love art galleries and exhibits, and places where history is on display.

That's almost always a surefire win, in fact, you will probably discover he has some time frame he's absolutely fascinated by. They tend to love beautiful things- they have a strong appreciation for feminine quality things, so, his tastes may run rich and lovely.

A quick tip, his appreciation for femininity comes on right from the start- so, if you're looking to "accidentally" bump into him: throw on the cutest dress you've got and a light floral perfume. Take him out to dinner or cook for him, those are also ways to get your foot in the door.

I will go into all of this in much, much more detail- but first, let's have a little Intro to Cancer.

## **Just the Basics**

As we make our way through 12 zodiac signs: Cancer is the 4th. “Cancer Season” is usually between June 21st and July 22nd. Symbolized by the Crab, we start to better understand the Cancer male mindset a great deal: he’s just as seemingly impenetrable outside, but all soft on the inside.

For Cancers, hearth and home mean everything: they are typically averse to change and seek out the most stable, secure place to settle down. Cancer energy is all about the comfortable, sometimes, to the point of complacency or clinginess.

This sign rules the chest and the stomach. However, as we put all of this together, you may wonder what any of this really means. As we take a little time to better understand that your horoscope- and his- can be so much more than just one influence, the Sun: you’ll gain better clarity here.

In all of our natal charts, there are so many more planets and aspects that will certainly come into play. However, we start with that Sun sign as usually: well, not everyone knows their full birth information. It’s good to get a nice, comprehensive look, and then, we can delve deeper.

Here are a few things you should know right off the bat. Cancer men are incredibly emotional, and they are probably one of the more gentle signs you'll find. To a point: you will discover they can fight when need be- and boy, they know all the bad spots to hit emotionally. They prize security above all else.

Ruled by the Moon, they tend to have very thin-skinned and strong desires for love, encouragement, and affection. Though we say they've got a "tough shell", that refers to a variety of things that we'll also go into.

They do tend to really embody the Moon, being quite responsible for the feelings of others, as well as being nurturing and sweet. They're a water sign- and if you understand water, you'll understand your Cancer man. This is the element that purifies and grants us life- and this is what they do, in a very real sense, too.

This sign also rules the 4th house, which is the House of Security and Home- this is why they tend to be homebodies and why they are very nostalgic: particularly about their childhoods and where they come from. They probably can tell you all about their family history and they will listen raptly to yours.

## The Sun In Astrology

You have probably either said it jokingly or had it said to you- or maybe you were serious, but, there's some basis, in fact, to "What's your sign?". You have no doubt seen your horoscope and maybe you even read yours on a daily basis.

The reason this is a great starting point is that this popular aspect can reveal some basic details about just about everyone.

The Sun sign can always be determined with the most minimal of information: just that day and month of birth. Granted, you know there are other planets in our solar system- well, there are a lot of other planets used in astrology, too.

The Sun has long been the symbol we use to speak of a source of life. Nothing can grow without sunlight- and, when we work with astrology: this refers to a depiction of the conscious mind.

Generally speaking, our Sun sign, then, is that which we show others, our personalities and, also, though, more deeply- how our will presents itself in our lives. This is where we find those basic manifestations of our ego and

who we are. There are, however, quite a few other elements at play in everyone's chart. The Sun, though, is our window in, so to speak. Much like looking into a window in a house, however: you're only seeing that little piece.

Before we get started, I am going to go ahead and lightly define a few terms for you so that you have an idea of what I mean when I refer to them. This will help you not only better understand astrology- but, better understand your Cancer man, as well. You can also go on to use this information to enjoy a much fuller life.

## **What Is a Natal Chart?**

We often use terms like “seeing a natal chart” or, getting a chart done, or just natal and birth charts. What this is, is actually a very specialized horoscope, created just for that person.

Using the exact day, month, year, time and place of birth, we create an entirely unique map of the sky at the exact moment someone was born. It's a bit of a snapshot in time that helps us to better understand people, including yourself. Through this, you can better understand how someone acts, why they act that way, their personal history and so much more.



This is done by way of interpreting the positions of key planetary players that influence us all. Zodiac signs, planets, and the houses that they all happen to be in are taken into account.

If you look at a birth chart, you can see: it's a giant wheel. Within that wheel, is another one. The outer wheel is the zodiac signs whereas the inner is the astrological houses. When we look at the signs, we tend to be seeing how things play out. The houses, then, are what areas of our lives may be impacted.

### **Four Elements, Three Modalities**

You may not know this, but we place each of the zodiac signs into what we refer to as triplicities- or qualities. These are Cardinal, Mutable, and Fixed. Each of the Cardinal signs starts off a new season- for instance, Cancer, in particular, heralds the start of the summer months.

Libra would be autumn, Capricorn is winter and Aries is the springtime. The Cardinal signs are always the idea people- but how they express this in their lives is going to be quite different. They all have a love for things that are original, and want to be first in things, but again: how that's

going to come out will differ from sign to sign.

Each of the modalities you'll see mentioned- Cardinal, Fixed, and Mutable correspond to those parts of the seasons: this is a good thing to bear in mind no matter who you're looking into as it helps flesh things out a bit beyond just the Sun sign.

Cardinal is all about the power to get things started. Fixed is being able to stay the course and Mutable would be the ability to adapt, to change. Cancer is a Cardinal sign- but you'd never mistake a Cancer man for his fellow Cardinal sign Capricorn! There's a good reason for this.

**When we get into elements- Capricorn is an Earth sign. Cancer is a Water sign. This makes a BIG difference!**

The Cardinal signs are Cancer, Aries, Libra, and Capricorn. As I mentioned, these are the people who get things started. They are usually very active thinkers, ambitious, and they do love to kick things off. Though you won't tend to find them being able to finish things: for various reasons.

Each one is different, but burnout or boredom are the two most common killers of a Cardinal sign's interest. Some

find the energy these people possess to be a bit pushy, a bit dominant- and there is no denying it can be. However, if you want that project off the ground: call on a Cardinal sign. Astrology works with each of the four seasons, so, in turn- each of those four seasons ties into the four elements.

Every one of those seasons has a start, a middle, and an ending. Of course, each month of the year offers different weather and experiences and, well, astrology works the same way.

Again, here you have yet another way to sort of flesh out the basic Sun sign. Thinking along those lines: think about the Capricorns you've known. Were they ANYTHING like the Cancer you now know? Probably not, but there were probably some similarities.

Now, where we are going to get into that distinction between these signs is in Cancer being a water sign. There are four elements: Fire, Earth, Air, and Water. Cancer, Scorpio, and Pisces are water signs.

Everything you think about water, you can apply to the personality of a water sign: fluid, kind of flowing through life and of course, being as water influences emotions more powerfully than any other element, they tend to be

very emotional types, as well.

Water signs usually take the way they intuit the world and channel it artistically. You find a lot of artists, musicians and otherwise with water signs. Additionally, though, they're very fond of beautiful things and people.

Problem is, as it is with actual water when a water sign person is stagnated or feels stuck: they aren't really the most delightful to be around. Think the difference between sitting next to a babbling brook- or sitting next to an old pond that has just been sitting in the heat a while. I think we all know which we'd rather be around!

That's the thing about water signs- Cancer men in particular. They get all ate up by their feelings and thoughts, so they get to brooding. They have tremendous mood swings that people don't quite follow and, they can be the most self-centered, controlling people, prone to being utterly shattered when the reality isn't as good as they fantasized.

## **Cancer Rules The Fourth House**

As I mentioned earlier, Cancer rules the 4th house and this is the House of Security and Home. Often, when we talk about the 4th house in astrology, we also refer to this

as the House of Roots. This is because this is where you find everything that forms our foundations- not just in a literal sense, but, in an emotional sense as well. This is also a House that governs how we age, how cycles we encounter in our lives may end.

The primary focus of this is is the home, itself, and what makes us feel the most at home. If you think about this, it makes a lot of sense: when we work to make a home for ourselves, we are working towards laying down our own roots.

To some extent, this is also where we find our sense of self, too- if you think about this, it makes so much sense. Where we are most comfortable, where we want to be, in both the literal and the emotional sense- and it is what we're striving for in most of what we do in life.

To understand the home in all its senses is also a big part of understanding the primary drive in the Cancer man. If you look around your home right now, odds are pretty good that there are many aspects of yourself that you've put into your home- personalizing it, making it your own and making it a comfortable place where you can get away from the world.

That is the essence of what a Cancer man seeks in his life, and in his relationships.

Now, the other things that go into our “home” and our “roots” are found here- and, well, these things are important to Cancer men as well. Our parents, our grandparents- our family, they help to shape who we are and what we make of our lives.

Whether our relationships with them were good or bad- there’s a part of them in what we do, and that holds true for him, too. You see, we also look to this house for information about the nurturing parent- often times, our mother.

Tradition, family, home, and real estate are all encompassed here. When we understand this, combined with what “home” really means- well, we understand the Cancer man’s love of it, and what he truly wants, in a much better way.

### **Husband Material? Absolutely.**

You’d be hard-pressed to find a man who’d make a better husband than a Cancer. In fact, well, that’s usually one stop on his goal list. If you’re a career woman, you may also find that this is one that does not usually mind being a

stay at home husband. They are typically quite comfortable when roles are reversed and he's usually thrilled to tend to the home. You'll probably note that his home is impeccably kept.

There aren't usually many men who are more devoted than a Cancer man- and they do tend to tend to all of those little touches. This is not a man who's going to forget your birthday and he may actually remind you of a few in your circle, too!

He definitely won't forget your anniversary, either. The thing to remember though is, this can never, ever be one-sided- as romantic as he is, you must be, too. As much as he remembers all those little things, you should, too.

You may note, of course, he needs a lot in the relationship and even more once married. It may make you feel as though you're mothering him and that you are doing a lot of nurturing. You may find if you can't, he calls his mother up quickly!

At the same time, though...living with him means having someone to take care of you and oh, he will. There are very few things he loves more than making sure that his home is the picture of domestic bliss. You can trust that if

you need him, he'll probably be there with tons of things you're needing- even if you haven't thought of them.

## **Cancer Compatibility With Other Signs**

### *If You're an Aries Woman*

This is a relationship with fantastic potential for being a wonderful team in life. The thing of it is in understanding how very different you two actually are- and not trying to imagine he's doing things the way that you are. He may see you as wild, adventurous and out there- but you may sometimes think he's a bit oversensitive.

Whereas you've got a lot of big plans, he may seem more the homebody, more interested in family life. Now, the thing of it is, these things don't have to be at odds with each other, instead, they can work together- a big support system and a big drive work very well in balance.

The biggest issue you may face is not understanding why he's so moody, Aries. The thing is, there's an upshot to what may seem like a real buzzkill at times, to you: his moodiness, if you're being very honest with yourself, keeps him from being boring. You don't know what you're going to get, any given day- and that can be great.



The downside of this is that you don't really understand how on earth this kind of emotional landscape even exists, which from your end of things isn't particularly a bad thing. Where it gets bad is- he will be expecting your support when you may think it's a fight to be had. Pay attention to these things, though- and you can play the nurturer when you need to.

There are a few other areas you may find challenging- you may sometimes feel stifled and held back, where as...he is terrified of being abandoned. Pay attention to this and keep a balance, make sure you show your appreciation often.

As long as you reassure him a lot, you'll find he's less likely to be clingy and needy. Though actually being jealous is not a good thing- allowing yourself to be playfully jealous from time to time will also be something that encourages him.

Another area where you may butt heads a bit is his love of nostalgia- but you're all about the future. This can be a beautiful balance, because, well, in order to have the stability and security he desires- you've got to be able to look to the future. Being able to meet somewhere in the middle, in the here and now will solve that problem pretty

effectively.

The best advice for the two of you is to be able to step back and see each other's perspectives. No easy task when you're very different- but it is such a worthwhile thing for a fantastic, long-term relationship.

Be careful- this is one of those relationships where its opposites attract in a lot of ways, however, he may get very burned out by all the conflict. Though you may enjoy the thrill of a good fight and for a while, he gives as good as he gets- if there isn't equal reassurance and understanding: this can go from amazing to dud very quickly. Always keep that balance!

### *If You're a Taurus Woman*

Because he will be someone that just seems to "just know" what you want and need- but also, he is very into providing them: you may find that your Cancer man is an incredibly loyal and very affectionate partner, Cancer. This is somebody who isn't just going to make you feel incredibly sexy- but, also, allow for a lot of depth and mutual interests within the relationship.

This is a powerful match and you both have a tremendous amount in common. Your home and family are important to

the both of you, you both want financial security and you love stability. Affection is also usually a very easy thing for you both, as well as enjoying both being spoiled- and spoiling those you care about.

This is a remarkably comfortable match and one that seems almost effortless- and boy, the two of you are fond of feeding one another! Maybe your big conflict is something like, which place setting to use. All jests aside: yes, this should be a remarkably easy going relationship. Maybe too easy going.

You both may have tendencies towards wanting to stay at home, but also being able to create extremely comfortable settings, both literally and emotionally.

Sentimental urges and enjoy having set routines, so this is a wonderful thing: unless one of you has got a few influences that veer out of the comfort-zone land. Then, things can get just a tad on the stale side for one or both of you.

Still, on the surface of things, this is a good match with very little conflict. The jealousy and possessiveness you both tend towards- might not be such an issue as you are both fairly reassuring and affectionate.

The biggest issue may be the stubbornness you both have- but, generally speaking, that tends to mellow as well as you both usually want the same things out of life and love.

### *If You're A Gemini Woman*

Oh boy, this one's interesting. Of course, as a Gemini myself...I am inclined to describe us as being the life of the party, always fun and always a blast. Which, we are. However, your Cancer man is deeply sensitive, sensual and very sweet. Sounds great, so far, right?

The upshots are usually incredibly obvious in this match. As a Gemini, you're someone who thinks a great deal and you're forever seeking out the new, something different to get your cogs and gears going.

He, on the other hand, is much more inner world based. You draw a great deal of your stimulus from the world around you- whereas his come from his own thoughts and feelings.

That's not to say that he doesn't pay attention to you- far from it. He actually does pay attention but he internalizes things a great deal more than you and tends to take things

far, far more personally than you do. You tend to love being out there and open whereas he can be remarkably private. A look at it from that perspective shows you to be at opposite ends of the same spectrum.

This can be a nightmare or a dream and it's all going to hinge on how you both handle things. You actually can infuse his life with so much of what he needs- he needs stimulation, he actually does love being on the frontlines of things, though getting him there is rough. Encouragement works wonders with him, which, even on your first attempt, you should see. It doesn't take much.

In return, he can really bring about a lot of wonderful feelings of security you need- but, often don't recognize until you are confronted with the consequences of instability.

Those differences the two of you have can make things much, much stronger and balanced. You must avoid bickering, however- because once you both take a step back, you both recognize that there's a lot of merit to both mindsets. That's where the balance comes in.

*If You're a Cancer Woman*

This is one of those relationships I hear couples with the most unrealistic expectations about. It isn't that you shouldn't have wonderful, high standards: but you both have this tendency towards loving the idea of something far more than the reality. That's not to say this is not a wonderful match- absolutely, it can be the best match of the zodiac!

You see, the both of you are tremendously intense emotional people. You both need so much affection and adore giving it. This makes for a beautiful, serious connection.

Both of you have little flashes of nearly psychic levels of insight- and you're both quite empathetic to one another and others as well. You both have a way of knowing what one another is thinking and feeling- which is good, except...sometimes, you both project a bit: so be careful you're not laying your own feelings on him.

Both of you tend towards being moody, but, the great thing is: you both understand exactly what the other is going through, so it isn't as confusing as it might be with others. Oddly enough, given time and patience: you will both probably follow the same mood patterns and almost be in a lock step when it comes to your feelings. Don't worry if you're not there, yet- it just takes a little adjustment and

the odds are good you will be.

In the bedroom- the pair of you are so attentive, the sex is probably pretty phenomenal, or, it will be once you get there. You won't typically get that weird imbalance of giving and taking in this one. Generally speaking, when you've got a Cancer-Cancer match, you have two partners who both enjoy giving so much that everyone is thrilled.

At heart, you're both looking for not just a comfortable home life but a secure and stable family, as well as both of you being very practically minded when it comes to cash flow. Because the two of you are deeply geared towards loyalty, that shouldn't be a problem at all- again, a case of where you give and you get working swimmingly together.

Knowing your Moon signs is especially important because both of you are ruled by the Moon. If you find that your emotional expressions are remarkably different, this may be the factor at play.

### *If You're a Leo Woman*

If you are a Leo woman, you may find that your Cancer man has a wonderful way of making you feel as though you are the most important person in the world. They can also, turn around and make you feel just awful- but, we'll

get to that in a second. The truth is, your Cancer man can help you to learn about security and emotional connection on levels you may not have known before.

You are both quite sensitive- but in different ways. While you tend to respond very well to praise- he may be a little more critical than you care for. He does not mean to hurt your feelings and probably doesn't realize how personally you take that- until you let him know. If he thinks he's hurting you: trust me, expressed the right way, a Cancer man is likely to stop that behavior.

One big issue though is that you are both remarkably stubborn which can really create tension. Be careful not to allow discussions that can be honest and very vulnerable to drive a wedge by becoming a battle of wills. Instead, keep them sensitive and mindful and you'll find they forge remarkable trust and growth.

He may not be able to quite get his head around the fact that you tend to be the center of attention and what that actually means. His insecurity and possessiveness can rare up and create quite a problem. He will need to understand that you are faithful, which...you can tell him over and over or you can show him. Showing him doesn't mean giving into his jealous demands but rather, positive reinforcement and encouragement.



You have all the strength and independence he actually adores- though he can be a bit intimidated by things. Allowing him to understand that you need him, even as you are just being yourself can help.

Don't hold back on those shows of affection you naturally feel. Though he may seem a bit more private than you are- he is very into public displays of affection, as long as you're not getting seriously over the top about it.

The two of you may have a bit of a problem when it comes to spending habits, though. He wants to sock it all away and be careful with his money whereas you feel it's important to live life to the fullest.

He's not big on impractical things but you like to enjoy yourself. Meeting in the middle here is key- praising him a bit about his careful planning at times, while also showing him how much you love the finer things can help.

### *If You're a Virgo Woman*

This is actually a very good match. You will discover that you both have a wonderful way of bringing out the very

best in one another, you both have so much in common and, better yet- you both understand each other quite well.

You have a tendency towards being able to build his confidence in ways that others don't seem to because you are better able to read him than maybe you think. Though he's a fairly moody, unpredictable person, you may discover that you've got all it takes to understand him because you're better able to take things on the chin.

You are better capable also of the internal stability a man like this needs. Though it may be a little off-putting to you at first- if you recognize that it's not personal, it's easier for you to be understanding.

You are the sort of loyal partner who enjoys the security that he's been seeking- and he has the same things that you have been looking for. The two of you also seem to be fairly comfortable with one another right away, which helps a lot.

Because you're so organized and tend to be more grounded, your patience levels usually make him feel wonderful, and he recognizes the stability you have. Additionally, because he feels the need to be able to back away and have time to himself- but, understands that you

can handle it: he feels he can trust you at a fairly early juncture.

The two of you have very similar mindsets and long-term goals in mind, which can help a bit. You are the more productive and hardworking of the two of you- though he knows how to handle resources in a way that you may find very soothing. You won't really have to worry about him mishandling your money.

The only problem that really usually arises is: you are both very nitpicky. This is a need for things to be perfect- and, in a sense, it isn't a bad trait, wanting things "just so". It does however often manifest in nagging and hurtful behavior on both your parts if you aren't careful. Be mindful of the things you say- and you'll discover this gets a bit easier.

### *If You're a Libra Woman*

This is one of those pairings that starts off wonderfully- but can very quickly seem like "Oh my god, we have both made a huge mistake!" That does not have to be the case, really, but...it can take some patience for the both of you to really work out your differences.

Cancer men seek out emotional connections above all else, as a general rule. You, as a Libra, however, are more apt to go for somebody who really captivates your mind. You are looking for something very harmonious and wonderful whereas he can be a bit moody and hard to understand.

When he's feeling down- you need to offer empathy and reassurance to him, rather than trying to figure out and fix the problem. You mean well, and you are a problem solver- but often, the Cancer man is just looking for a listening ear.

His reaction may be to almost take offense and seem to withdraw, which can make you do the same- creating a weird distance between you that neither of you can define. This makes things very confusing.

The two of you also have a lot of social differences which can create some tension. You enjoy being out and about, you love being able to talk with others and enjoy yourself. However, he's got a tendency towards wanting to stay home, wanting to keep his circle very small. He may misconstrue your social nature as being flirty- which can provoke jealousy and other issues. Reassuring him here can help a great deal, particularly if he feels everyone else is jealous of him for having you. He may inadvertently

insult you when this happens, so it's important that you're clear with him on what you'll put up with and what you won't.

Another thing you may want to avoid here is talking openly about your problems with other people- instead of him. Though you may not think anything of it, for him, it feels to him as though you're letting all his personal details out there and this can be highly embarrassing to him.

Even when you mean well, he may take it as an insult- so, be mindful of who you talk to and confide in. If you've got a gossipy best friend who lets it slip...you may have a sulky Cancer man on your hands.

One of the very best things you can do is to take things very slowly. It may be hard, he may be coming on very intensely in the beginning and it can be very intoxicating for you: but hold the line and keep things mellow for a while. Reassure him that you are in fact, just taking the time to get to know him- and to allow your connections to come together in a harmonious way.

### *If You're a Scorpio Woman*

This is an absolutely wonderful match! You are both very intuitive, very empathy-driven, emotional and loyal people-

you are also both prone towards possessiveness, which can be both good and bad.

The two of you can be pretty controlling, but, the thing is, because he may feel more comfortable with you- he may just let you take the lead. Though you may not realize this, he's got a strong, strong attraction to you, as a person. The way you come across is something that he finds irresistible, even if you don't realize it.

The two of you have a lot in common, also. Both of you are very much geared towards a private life and intimacy rather than being out and about. You may have a way of communicating that really cuts to the quick- but, you both are able to convey your feelings with just a glance between you.

You might find that things move a bit more quickly than even you are into- but, the fact is: you're both looking for something truly remarkable and when you believe you've found it, you latch on and fast.

Now, you both have a need to spend time alone- yet, neither one of you tends to understand this in other people. The problem here is that you both worry that it's something you've done- when in fact if you think about it a bit: a lot of the things you worry about are not actually

going on. Once you both let go of that tendency towards worrying about the worst- you may find things get a lot better.

### *If You're a Sagittarius Woman*

While you might be reading this because you're somewhat perplexed about your Cancer man- the irony is: you probably confuse him, baffle him and leave him in wonderment more than any other woman he's met, yet.

He isn't accustomed to someone so easy going, nor is he sure how to handle your no holds barred sort of way. Still, your tendency towards asking those deep questions and probing- it does something for him that even he himself may have trouble explaining.

You may have a bit of a rough time with him because you seem to hurt his feelings at times. The truth is, he really doesn't understand speaking with no filter- and sometimes, he's a little lacking in the sense of humor department.

He may come across as nagging and critical when really, he's just trying to help you to better understand being sensitive. The thing is, you are sensitive!

He just doesn't know how to read you, and you don't know how to read him- which can create a problem as you both often hit the nail right on the head: but you do so so sharply, the other is wounded.

He needs to understand that your free spirit- whether that be when you're off enjoying a new adventure or in the freeway that you speak: is not a personal insult, nor does it mean you're seeking out new people.

Communicating this to him may feel a bit awkward at first, but you will discover that being open and vulnerable in this way actually helps you a great deal.

You are also instinctively better equipped to help him tap into his wild side. Try including him on some of your adventures, teach him to be a bit more open about life- and find a happy middle ground in communication.

Being mindful of his feelings while at the same time, teaching him to lighten up is something that requires patience- but you can do this. Once you do, you'll find that almost like magic- he's more fun-loving and lighter for it. Beats the broody moody Cancer man he sometimes is.

One of the better things you can do, right from the start, is



to establish the fact that you want to go slow. Though you don't particularly have a problem leaping before you look- you need to take your time with commitment, and he needs to understand that's important. Make it more about establishing trust and you'll find it does this, beautifully.

### *If You're a Capricorn Woman*

This can be a very challenging relationship for you, Capricorn. Your Cancer man may be a bit needier than you can handle- you tend to be distant without intending to be.

He tends to need a near steady stream of affection and appreciation- which is a little weird for you. However, this does not mean that it can't work: but a patience and balance is needed.

You are a much more ambitious sort than he is- you do, however, like the structure and stability that he also craves. You're quite adept at building this sort of security, which is something he not only appreciates and seems instinctively drawn to. The problem is, he may not be quite as understanding of the hard work that goes into all of this, which can cause a lot of tension.

The truth is, he loves that ambition and he adores what it

means, but he has such a hard time getting his head around the fact that you're not superwoman.

Appreciating the actual implementation of hard work often requires a lot of energy, which means less energy to spend on him- may create one pouty, broody mess of a Cancer. That's when you get to see the moodiness and the sulking- which, the point of fact: annoys a goat girl.

The differences between your priorities do not end there, though- and whereas he puts those he loves above everything else, you do, too, in a way. However, you feel that setting things up to perfection is the way you create wonderful things for those you care about whereas this may be hard for him to understand.

Help him to understand that from your perspective, you're building something better. He can recognize that your loyalty is unparalleled. The things you have in common may well take over and make short work of those things you don't: but, open communication is absolutely key.

As long as he understands that it's all about security for the both of you- in time, he'll simmer down.

Still...if you find that he's complaining about your distance a lot, you might consider that perhaps, he has something

to teach you there. Once you learn to see things from a new perspective- both of you can understand one another better and build a very strong life together.

### *If You're an Aquarius Woman*

You know, people are forever acting like women are the more emotional gender- but, you, as an Aquarius woman, know better, don't you? And boy, once you end up with that Cancer man, do you ever know it. He seeks out these over the top emotional women- but, you're wanting something meaty and intellectual. It can be a bit refreshing for the both of you at first but can be frustrating as time goes on.

The thing to understand is, what he sees as you being sort of cold and detached really isn't and he doesn't understand this. He may feel neglected whereas you feel you have put a lot of effort into things, as it stands- which can cause a lot of tension and confusion. It can, however, be fixed!

The truth is, the two of you can be a very good match when you balance it out. You are capable of being very objective- which can help him to better understand things if you can get him to listen. His intuitiveness is an asset to

you, as well, and that can be a powerful bond between you.

You will need to meet in the middle on some things, though. You enjoy being able to do things very spur of the moment at times but...he can be a bit rigid. However, you may find that his ability to plan things does help you get things done whereas you can shake him out of a rut or two.

A little secret here is that while he may seem hard-headed, he has never even met stubborn until he tangled with you. Understanding this is a very good thing because once you recognize this, it can help you to meet in the middle at times. Choose your battles wisely- not everything has to be a win or lose situation.

You are much more capable of working things out to understanding- and getting the ball rolling there. Because he emotionalizes things tremendously, that can create a lot of confusion whereas your approach brings about greater perspective. Allow yourself to be open with him about what you observe and you'll find you can meet in the middle.

*If You're a Pisces Woman*

They often call this the “perfect match”, though if you’re reading this, Pisces- you may not be so sure about that. Sometimes, those “ideal” situations just aren’t- and that’s really because, in reality, we’re all human and sometimes, things happen.

However, the wonderful thing about the two of you is that you are both very much into keeping things harmonious- and you, well, you’re very adept at reading anyone’s mood and adjusting accordingly. Which is a great thing- because the Cancer male is notoriously a roller coaster mood swing.

Still, even if you don’t think so, you are better equipped to understand him than you might think. You are naturally a keenly intuitive person who understands people on deep levels. Your sensitivity and ability to soothe wounded feelings is definitely an asset here- though, you may find this gets a bit exhausting.

Another thing which may seem wonderful at first, but gets to be quite taxing- the two of you tend to retreat to your own little world. This can be wonderful, however, the problem is, it does cause problems- because one or both of you will in time, have needs beyond the relationship. That does not mean you will cheat- but, you do need healthy outlets. Allowing yourself and him that, will prevent

any of those weird distances you'll sometimes experience.

Be careful of over-empathizing with each other, Pisces. This can lock you both into a very down place- which can create anxiety or worry between you two. You are the one who is more likely to try to lift both of you up and out- believe it or not, and handling this gently and with the understanding, you're famous for can help.

### **Cancer- A Water Soul With The Moon's Rulership**

Let's take a look at your Cancer man, just starting with the basics. Now, I know you've probably read some of this- but, I want you to have one central book, where everything you need is written out in the simplest terms.

You see, we all have a little Cancer energy on our charts, somewhere. With your Cancer man, he's led by this, to some degree. Of course, you do want to look at the rest of his chart for a deeper, more detailed look: but, this man is a nurturer, at heart. This begins with the Moon.

The Moon is the very closest "planet" to ours- though it isn't a planet, in astrological terms, this is how we refer to it. Now, the Moon impacts all of our moods more so than any other planet! This is why when we write horoscopes: it tends to rely heavily on the transit of the Moon.

Your Cancer man may well be the most rugged and masculine man you've ever met- but at heart, he's ruled by a planet that is feminine. Almost all of our associated deities to the Moon are female- a bit of trivia for you there, but it's far from trivial. When the Moon is your ruler- as it is with the Cancer man: you know this is someone who is all about the inner self, all about those desires buried down, and emotion. Lots and lots of emotion.

Of the 12 zodiac signs, Cancer is the 4th sign. This, as I mentioned, starts the summer season. Even though you may not be a Cancer, if you want to understand your Cancer man better- you may try looking at your own chart to see what house Cancer rules. This may help you to know where you'll find a basis for a relationship with him- no matter what sign you are.

Cancer is the fourth of the 12 signs of the zodiac, which begins its cycle at the start of summer during Cancer season—which falls around June 21-July 22.

Whether or not you have Cancer planetary placements in your chart (find out by doing a free chart here), it's important to understand the energy of this sign, as various planets travel (or "transit") through Cancer all year long, activating this sign's watery energy for everyone,

regardless of your Sun sign.

Though they do tend to like to stick close to home, anyone who'd say they're not sociable is a bit ignorant. A Cancer man can be quite the leader in his social circle, organizing things just so- so that everyone's having a good time.

They are often quite well bonded to their friends and loved ones- and here is something you should know: often, those friends and loved ones they're closest to will be female. If you're a jealous sort, you may want to stifle it: especially if you don't get along with his mother or sisters! Do your level best to change that and change it now. They will not stand for what comes across as an insult to the women in their lives.

Believe that, for someone who has loyalty on the soul: if you try to even remotely hint that someone they care about may be pulling something nasty and dishonest, you'll find you never earn that famous loyalty yourself!

Think about it for a moment- if somebody accused you of trying to cheat or being dishonest, it'd be pretty insulting. That's how they feel about it, so if jealousy is a problem for you-you should probably start working on that now.

Still, let's talk about the wonderful things that come of such



deep loyalty and love of women. You want someone to take care of you, tuck you into bed and give you soup when you're sick? That's your Cancer man, even if you're not seeing it, yet. Want the man who'll wrap his arms around you so that everyone knows you're his? That's a Cancer man, too.

Here's the thing though, if you're reading this and going "Well, yes, he does that, but.." I can almost predict what the problem is, and I don't have to be a psychic. There are a few things to note, here, which are...sort of the more common concerns.

First- you may be noticing that your Cancer man is just a bit TOO caring. You might not have thought that this could happen- but, it can. Codependency is a hard issue to deal with, particularly when you are seeking love and closeness.

At first, it seems wonderful...but with Cancer men, you will know when it's veered into the wrong lane because the signs will all be there. He will go from these over the top displays of love and caring to...distant, brooding, moody and sometimes- explosive.

Suddenly, the man who seemed so caring becomes sullen and pessimistic. He seemed so optimistic about the happy

relationship the two of you were going to have- but now, it's like there's a freeze out. Sometimes, even if you haven't done anything at all- you'll discover it happens. Why? Well, because he needs to vent and he needs to get his feelings out but- if you tried to solve his problem, or otherwise just didn't listen: he may feel like you see him as a problem to solve.

Understand that what he wants, when he needs to "get it all out"- is to be able to trust you, to trust you'll be a sounding board that doesn't judge. Do that, and if that's the problem...you'll have it licked pretty quickly.

The most advice you should give, or input you should give in those situations- is to remind him of how strong he truly is. You see, he's got to deal with another influence that has nothing to do with astrology: think about how we talk about men, often. As if emotions make them weak. Yet, here you have a man who is a practical fountain of emotions.

For Cancer women...it's a bit easier. We expect women to be emotional. He has that to contend with, too- so, if you help him understand his emotions are a strength, you'll win the day on that one.

Believe me: he takes very few people as seriously as he does the women in his life when it comes to how emotions

“look” to others. Your support may well endear more respect than anyone else’s.

That’s just one of the issues with a man who is practically made of emotion. Another is, well, they can be really possessive. If you’ve seen the way they react to perceived insults about their female friends...now, imagine what it’s like having that sort of defensiveness in YOUR corner. Except...it isn’t all sunshine and lollipops when a Cancer man has decided that you are his.

The thing is, you don’t know how quickly or how slowly that process may happen because they have that “shell” protecting their emotions. What you’ve got are the signs- and I don’t mean the zodiac.

If you miss those earlier signs, but you put a toe out of line: boy you might see the big ones. That Crab of a man will scuttle back quickly, possibly with an emotional declaration that stings badly in the process!

It is often said of Cancer men that once he has come to a point of feeling like you’re the one- you may as well sign over your whole life. That’s only partially true: it rather oversimplifies a complicated man. Well, the truth is that he’s possessive, yes, but he’s possessive in a way that often defies explanation.

First, you have to understand that he knew exactly what he was doing when he made you feel so cherished and protected. He was setting the stage and if you missed those cues and made him jealous- you can fix it.

Cancer men are a bit more forgiving than people give them credit for- though boy, in the heat of the moment, you might think it's over for good. These guys attach a LOT of emotion to memory, though: so believe me when I say that if you had even a slight history, there's probably still hope.

The other thing to note is that his idea of heaven is a happy family and he's the head of the household. Ultimately, regardless of what his end goal happens to be, whatever form "family" takes for him- whether it's a bunch of kids or just you two and a cat: that's what you're looking at. He wants to build a home and family with someone and he wants to do it all in his own way- which means...you may find yourself wondering if he can ever compromise.

He feels that the way forward to building his legacy and establishing himself will begin with his partner and his family. He will be proud of you and proud of what you do together and this is wonderful- it helps him feel he's got a purpose in life. So, keep that in mind and you'll know what steps to take.

One of his big weak spots, though, for somebody who wants to play the Head of Household there- is that powerful women are a big aphrodisiac for him- but more than that, an emotional draw. Weird, right?

A man who wants to be the leader would immediately go weak in the knees over a powerful woman. It's not as unusual or as contradictory as you may think. It is also not nearly as romantic as you might think if you're confronted with his affection or friendship with a woman like that. Again, be very careful with this one!

A bit of a tip here- the very first and most powerful woman for a Cancer man is probably...his mommy. Now, it does not matter if he's got a good relationship or a bad one with her: she's the template.

But how do you balance it? You don't want to be TOO powerful and make him feel like less of a man- but, you can't help noticing that is an almost catnip like a draw. Well, this one's easy- not so easy if you overcomplicate it, but to simplify?

Just make him feel that he is needed. This is where you set the very stage you'll be dancing upon: and since he is something of a sentimental sort- it's not hard to turn the

clock hands back and redo things if you started off on the wrong foot.

You have to understand that with a Cancer man, he's looking to have it all in a partner. He wants you to be as independent and powerful as you are: except when it comes to him. This can be a rather tall order- though you might not think so if you're new to the world of Cancer men. You might think this balance is easy- but, I said it was simple, not easy. The thing of it is, you have to disengage what you think you know about "need".

And you have to do it in a way that he doesn't realize. You see, the Cancer man has a bit of a problem- the goal should be that you need someone because you love them: not that you love someone because you need them.

If you have a bit of trouble with this distinction yourself, you may note that things are blissful with your Cancer man but...that is a very temporary bliss!

So, you have to understand that he is actively working on getting people to depend on him because he absolutely adores being needed. To make things long-standing, you have got to allow him to almost mother you without it being a one-way street. Going beyond that, you also have to take special care not to make it an unhealthy dependency.

## **To Understand a Cancer- is to Understand The Moon**

As I mentioned, the Moon rules Cancer. But, in astrology, the moon is so much more than that- which is a great way to think about your Cancer man.

What you know, is only the beginning and what you don't know may continue to surprise you for years and even decades to come. You see, the Moon is where we find the energy of our utmost personal desires, our needs, those instinctual level things we do, and our unconscious mind.

If you think about it this way- okay, no matter what Sun sign you are or he is, your Sun sign is how you act. The Moon, and the Moon sign: are reacting.

Taking a look at our deeper instincts, we can discern where our needs for security lie, and, on that same note, you can take a look at your natal chart- and his- to find the answers to those questions. In his case, though, it becomes a bit more out there because, well, he is ruled by the Moon.

One of the biggest reasons you need to learn to respect his deep relationships with women is: being ruled by the Moon, he isn't sexually or even romantically attracted to

women in the sense that our jealousy and insecurity may tell us he is. No, he's drawn to the feminine, with mother energies.

So what do you do if your Cancer man has these relationships and it bothers you? Forge one of your own with him. It's entirely possible to do that, and over time, you'll find you become less insecure about those relationships.

Additionally, the more you establish yourself with him, you'll find your input is absolutely important: as long as you're not overly critical or insulting about it. If you find yourself "losing out" to another woman in his lifetime and time again, who isn't a romantic partner: you need to approach this with need.

Your needs. In a way that doesn't seem confrontational- because, well, these Moon driven men are prone to reacting, rather than being responsive if they feel they're being criticized unfairly. So, here's an example scenario:

His longtime best friend is a woman. It drives you crazy how much time they spend, either hanging out or talking. Instead of trying to approach this with jealousy or controlling behavior: talk about your own needs and leave



her out of it. Suggest ways the two of you can spend time together that you'll both enjoy.

Maybe address the fact that you don't feel he responds to you as often as you'd like via text or whatever. Leave the other person out of it, entirely and use those "I" statements- you'll see a much, much better response.

Now, here's another thing- I've mentioned the water signs and we have talked a little bit about Cancer's compatibility with others signs and the importance of the Moon- particularly if you are another water sign like another Cancer, a Scorpio, or a Pisces.

These signs, in particular, have a very strong lunar influence over how they do things. So, say you have a Cancer man and you're a water sign- how much influence does his Moon sign have and how does it play out?

Bear in mind- he's a Cancer SUN sign. But, understanding what his Moon sign is, will give you a leg up on better understanding him- because, the Moon has a stronger pull in his life than the Sun does. (And if you're wondering about your own, if your Moon is conjunct either your 4th or 10th house cusps- your Moon is ALSO a powerful influencer in your chart. So, water signs and those things, look to the Moon!)

## *The Cancer Moon Signs*

So, you know he's ruled by the Moon and that he's moody like the Moon: that is, his emotions go from full to not there, and everything in between. This makes for some confusion, but it doesn't have to.

Looking at his chart, or if you just happen to know it: that little crescent moon symbol will tell you a whole lot, based on where it is. So, here, we'll look at what might make YOUR particular Cancer feel his most secure and how his emotions take shape.

### **If He's a Cancer Man**

#### *With an Aries Moon-*

This one's a toughie because this means that no matter what else is at play in his chart, his Sun and his Moon form a square. A square is a very challenging aspect of astrology. This means...well, he may be one to occasionally explode with emotion and he's more inclined to take things personally but, not really hold back in defending himself.

He may seem oddly confrontational for a water sign. The thing to understand is, more than anything, he wants the problem, whatever it may be, resolved. Approach your concerns with this man with vulnerability, sensitivity and not only own your mistakes, but apologize for them. This one, using “I” statements will be especially effective with.

### *With a Taurus Moon-*

This is usually a fairly mellow sort of guy, who just enjoys keeping things comfortable. This is problematic as “comfortable” means a lot of things in Taurus-speak. Comfortable in bad situations, comfortable in holding a grudge and building up resentments are the negative manifestations.

The positive manifestations would be that wonderfully sensitive, sensual man who will cook you and all your family dinner at times. He is most apt to show his love rather than say it: massages, meals, gifts, and feathering the nest so to speak are his favorite ways of doing this- and should become yours, too.

### *With a Gemini Moon-*

Here, you’ll have a man who may be a bit on the nervous side and tends to do much better in situations where

things are mellow and uncomplicated. As a result, you really don't want to complicate matters with this man.

He may be more inclined towards pulling away to listen to music, reading, or watching the shows he enjoys best- so, if he does this, leave him to it so that he can recharge a bit. He isn't ignoring you, he's probably just trying to collect himself a bit or explore his own thoughts: which, he does by engaging his mind in other ways.

### *With a Cancer Moon-*

When we say that someone is a "double Cancer" or any other sign, this is what this means. When someone's Moon and Sun signs are the same. This is the ULTRA nurturer.

He's going to do everything with his whole heart. There is no halfway for him: whether that be halfway to or halfway away. He is very keen on nostalgia, particularly as it involves his family and very big on knowing exactly what his role is in others' lives.

### *With a Leo Moon-*

Probably one of the better blends, because of that Leo optimism infusion. Less inclined to being as broody as other Cancer men, he may, however, have a flair for the dramatic expression. If he feels disrespected, he doesn't just withdraw: he completely blots the person out of his mind, no matter how close he was to them.

Playful, caring and proud, he is someone you will often find having a good time with his closest friends- and friendships are everything to him. Emotionally, think about him as more of a Prince looking for a Princess: you can bet his mother's the Queen.

### *With a Virgo Moon-*

Sort of a nitpicker finds his home in order, routine, and organization. He may be actively involved in some form of self-improvement or care: particularly healthy routines. He's very very interested in keeping the drama to a minimum and quiet: a Cancer man with a Virgo Moon is definitely not fond of a noisy scene!

This is, however, a man who will almost seem to be instinctively in tune with your needs: though, he may come across as much more critical than he actually is. If that happens: figure out what it is he wants to help you fix and allow him to work his magic.

### *With a Libra Moon-*

Here we have yet another square with the Sun and the Moon. He may deeply desire to keep the peace, to have everything in balance: yet, somehow, his emotions just don't allow him to do that.

A Cancer man with a Libra moon may be incredibly insecure, needy and even codependent at times. However, he will be someone who listens to you and deeply so. If your Cancer man seems to be your very best friend from the moment you meet: he may just have a Libra Moon.

### *With a Scorpio Moon-*

These are confusing men, to be sure. He may seem quite collected and calm, he may seem to let things slip here and there: but rest assured, he's not letting anything slip. You know exactly what he wants you to, and nothing he doesn't.

If your Cancer man has a Scorpio Moon, betrayal is an instant and immediate dealbreaker which may result in far more than you bargained for: never, ever make this one

jealous on purpose. He wants everything- or don't try anything at all.

He may seem to change from night to day and back again frequently. Don't worry if he takes some time to distance himself: he needs this, deeply, especially after intense emotional situations. If he was really hurt, you would definitely know it.

### *With a Sagittarius Moon-*

This may seem to be such a conflict- but, it's honestly not. The highway is his home- or rather, travel and exploration. Understanding that his life is going to be a hard-won balance of needing freedom and needing the stability of a family- that helps.

The best approach with this one is one of a very stable base with lots of exploring, lots of growth and a fine balance of both giving and receiving new perspectives.

### *With a Capricorn Moon-*

This is another one with a tense aspect- with Cancer men who have a Capricorn Moon, the Sun is opposite the Moon in their charts. They are inevitably born under a Full Moon and they are an odd blend.

Reserved, yet...very, very sensitive. He may care a great deal about how others perceive him and his family: he wants to be seen as authoritative and as capable. These men, however, are prone to serious bouts of sorrow and depression- Saturn's influence blending with the Moon.

The best thing you can do for him is to allow him his alone time when he needs it- and he will need it with no interruption. Don't take this personally, this is their nature. Simply let him know when he is ready, you'll be there.

#### *With an Aquarius Moon-*

Oh, this one is usually quite the charmer- and someone who is always trying to uplift others, make others feel needed, wanted and a part of things. He's usually found making people feel good about themselves and he has a keen eye for people's natural talents and gifts.

He is someone you can bet will feel to you as though you have known him forever, and someone you probably won't ever feel judges. Because odds are, he really isn't judging. He loves to be in social settings where he can feel he's needed.

#### *With a Pisces Moon-*



He may seem lost to you at times- but, this is not something that you should ever take personally. The Cancer man with a Pisces Moon is someone who is almost constantly feeling lost, adrift and unsure of himself: but, he often lapses into long periods of time where he is thinking on mistakes of his past or past hurts.

You will, however, discover that this is someone who just understands you and others on such deep levels, and it's true- he is usually quite the empath. This can make those periods where he seems distance hurt all the more: but generally, he just needs them to work through his thoughts and feelings.

## **The Cancer Man and His Need To Be Home**

One of the most misunderstood aspects of the Cancer mindset is their love of home. Many people misconstrue this- though, this is something I think you'll find very helpful, regardless of the situation.

The single best thing you can do is to adopt a different approach to this. This will also help you adapt to any given situation but particularly, help you better understand where he's coming from.

You see, as humans, our emotions tie into our physical. Now, Cancer men are particularly in tune with this- and you may find that he seems to be a bit of a hypochondriac. Why is that?

His emotions are in line with his body- yours is, too, to a certain degree. Think about it- when you feel you can rest, relax, your mind feels much more at ease, too: your emotions are lighter, your tension isn't there.

When a Cancer man's emotions are stressed, so is his body. That doesn't mean it's an all or nothing situation: the best way for him and you is understanding that we're still engaging in the world while having this stable sort of foundation.

That's really all he wants, and if things seem unstable emotionally- well, you'll get those physical manifestations of it plus, he'll retreat, he'll be distant and sullen. Nobody wants that!

When he feels stressed out, usually, because he's feeling overworked- he may take things much more personally than usual. You see, for him, being deeply entangled with his emotions sort of keeps that fight or flight response at

the surface- and this can work in his favor or against it, but it definitely can impact your relationship.

Cancer men being creatures of habit by way of forming these sorts of comfort zones- he can easily get locked into this pessimistic mindset which can create a host of problems between you.

As people, we have two modes that we live in- either reactive or responsive. Everyone has these tendencies and the Cancer man tends to be more responsive when he's in a healthy mindset- and more reactive when he isn't.

Do you notice he tends to be more defensive at times? That would be reactive. If he seems receptive to what you say, and not defensive even if he disagrees- he's more responsive.

By nature, Cancer men are more responsive- which is the good news. This is what state of mind they usually will return to once the stress has abated: but if it's a constant chaos, if it's just this constant drama, he may get stuck in a sort of emotional survival mode wherein he doesn't want to give up the fight, but he's also...not a great person to be around. That would be the reactive mindset and it's not healthy, and more than that, it can create a lot of confusion.

Understanding that for all of us, our natural state is supposed to be one of happiness, rather than greed- understanding, rather than confusion, and love, rather than heartache. That, for your Cancer man, is the end all be all goal, but sometimes, stress and life do get into the way and create a host of tension inducer problems. You should make it your goal to not BE one of those issues.

Nothing has to be any certain way for either of you to feel that sense of home- though you may both have habits and mindsets that tell you otherwise. If you can work with the above communication tactics with your Cancer man, you'll find the two of you find a way of getting to that place where you are both a sanctuary of sorts from the world for one another.

## **The Cancer Man- The Bad**

### *Those Famous Mood Swings*

You know, I try to steer clear of the stereotypes- but some things simply hold true. When we talk about Cancer- well, they're sensitive. Because they are so sensitive, this means that their mood can turn on a dime- for very little reason.

Sometimes, he may seem like he is over the moon about something one minute, but he thought of something sad or saw a sad commercial and suddenly- he's not. This can be a very difficult thing to understand but as with most of these things, once you get the hang of this emotional rollercoaster- it can also be fairly interesting in and of itself.

This is one of those big, double-edged swords when it comes to dealing with sensitive men in general- and Cancer men tend to be the Kings of that realm! Being with a Cancer man is all about the gloriousness of being loved- and loving, being able to develop incredibly deep, emotional ties, true intimacy where we are feeling vulnerable, yet safe, and this creates an interesting emotional feedback loop.

While they- and you, may feel safe to let your guard down, when you do...it does tend to make it easier to hurt or be hurt by opinions, feelings and just moods in general. So, what can you do if your partner seems down, angry or even jealous- particularly when this is triggering some unpleasant emotions in us, too?

First- you need to be able to figure out what your own reactions to his broody, moody ways are, and better understand them. This is because, well, feelings can be

contagious- particularly with Cancer men. Moreso, if you are also a water sign.

If you take a step back and look, you may notice that often, your responses to his mood are...imitating it. Think about those things for a minute- does it seem to you that you often seem to be reacting to his bad mood by being one in yourself? And then what happens? Well, it's not typically the most constructive thing, I can bet!

Own your mood- but not his. Cancer men have a way of turning things around and it's not a very healthy trait: but it is one you can work with and learn to adapt to so that behavior stops. If you react to his negativity with a little negativity of your own: it's not going to help matters.

Of course, being happy, shiny and fake: that won't either. So, what can you do? Well, understand that responding in kind is going to make a bad situation even worse than it already is.

Instead of taking the bait and creating more conflict: you're going to understand that the only mood you can control is your own. In doing this, though, you will find that you diffuse the conflict before it begins in earnest. You can sway this situation one of two ways: actively work to temper your reactions so that you sway it in a positive

direction.

That doesn't mean that he should be allowed these out of control moods- nor should you think you're going to magically become some sort of Zen master. You can't really control the things you feel, but you can strive to make sure that you're not lashing out or acting on those things you feel. This is important- especially in relationships with Cancer men: being more aware of your own moods will help temper his.

Ultimately, though yes, he is a moody sort, you'll find he mirrors your actions with time. Might not happen right away, but as he becomes accustomed to the stability you convey- he, too, will become more stable. Deciding how you are going to react when you've seen a pattern of these things is key.

Worse than mirroring emotions...he wants you to mirror his emotions

Be warned, though, at first, your Cancer man may push a bit harder when you stop reacting. This is because to a certain degree, he does want you to feel exactly what he feels, even if it's not nice, even if it's causing conflict.

This sounds sort of horrible but it really isn't: deep down, it's about his need to be validated in what he feels and his insecurity about feeling things as he does.

If you think about it, you probably want people to validate how you feel, too, especially when you're feeling something intensely. This is normal, but it's something you should avoid- instead, try practicing active listening and respond with those "I feel" statements.

Other times, he may just be in one of those pissy moods. We all get them, but Cancer men seem a bit more prone to them than other people. Now, think for a minute about what he wants more than anything- to be needed.

So, he gets in a bad mood, you start trying to solve whatever problem it is: and he gets even angrier! Maybe he wasn't even mad at you at first, but now he is. What do you do?

Well, often, the best thing you can do is to just give him some time to withdraw and find his mellow place, again. Understanding that these things happen and it will pass is important as well- and grouchy, sullen moods are temporary.

*He's an Emotional Vortex*



Cancer men are particularly thirsty types- emotionally, that is. They have strong needs to feel taken care of, wanted and needed- moreso than most men are even willing to admit. Sometimes, this overwhelming need can be a bit much for women who are more accustomed to a standoffish, more independent man. You have to be careful, too, because of all the signs, Cancer is in the top three for the guilt trip.

There is nothing to feel guilty about, usually- and sitting down and discussing things openly and honestly can help this common issue.

A really important thing here is that you have to understand what behaviors he's got that are healthy- and what behaviors are not. Unfortunately one of the biggest problems with Cancer men is that they can get so emotionally invested they end up acting on very codependent feelings.

He may need to better understand your boundaries and that can be hard when you're afraid of losing him but you don't want to continue dealing with the clingy and possessive stuff. It can also be difficult because it may seem like even the smallest confrontation brings an emotional reaction or has him withdrawing back to his

shell.

It might not seem that way, but a little distance can do a world of good- particularly for these men. They naturally withdraw at times, so that's always something to be aware of. However, there will be times when you may need a little space. If he begins to cling too tightly, it may be time for that. There's a right way- and a wrong way- of going about this.

Encouraging him to spend time doing things he enjoys on his own can help this a great deal- and making sure you're indulging yourself in some of the same. This one holds particularly true for those of you who've been with your Cancer man for some time- often, we get very locked in and well, he may just not remember how to do things alone.

For a Cancer man, that's fairly common and the best way to encourage it- and discourage the clinginess, is simply making it a habit to disengage from time to time when there isn't a conflict.

Another important thing is to ask yourself if you are creating opportunities and comforts for him to be honest. He needs to feel like he can express himself freely- but,

not be allowed to engage in nasty behavior like name calling and otherwise.

The best way to do this is to encourage honesty by being a positive support when he is honest about his feelings, even if you're not thrilled about what he's expressing. Also, if you notice he seems to bring up things out of the blue all the time- he may not feel like he can express his needs and feelings regularly enough.

You can do this by asking his opinion in situations he seems to be letting you do all the planning or work- you may be surprised to know that, maybe he would rather help out.

This also helps him to feel needed and heard, which will encourage him to express himself more often, rather than bottle it up and blow up or withdraw later on.

### *Who Is He?*

This one really relates to the first one- because he can be a bit moody, it can be a tough call asking the question: "Who will I get today?" Sometimes, it may seem as though he has more than one personality in there- but, no, no, it's all the same man.

Though that may make you wonder if you can trust him- the odds are pretty good you can. You just might not be able to predict which mood and how it'll play out day-to-day.

Over time, that does get a bit easier, and communication on your end is usually something that winds up teaching him how to express himself more clearly, all the time.

### *He's More Than Likely, A Mommy's Boy*

Or his best friend is female, or his best friends all are. If you have a problem with that, you're going to have a problem with him. This is one area you are not likely to inspire any change- but, he can help you to grow a bit.

Understanding that Cancer men have a very effeminate influence over them- the Moon, can help. They are instinctively drawn to more emotional people but that does not mean that they are stepping out on you- as a matter of fact, being open with him about your insecurities about this, rather than going on the attack: you may find you're one of them!

This may seem like one of those dealbreaker problems- but bear in mind, it's always intelligent to go for a partner that actually has a good relationship with his parents. This

holds particularly true when it's a man with his mother- we can often see how he'll treat us in how he is with her!

It isn't really easy to manage a good balance independence as a couple with maintaining close relationships with our parents, this holds particularly true of Cancer men with their mothers. Often, it's difficult for them to adapt to the changes they themselves seek out- and they do tend to return to the places or people who are most comforting.

Whatever you do- again, don't make him feel bad about this and never, ever make him feel he's got to choose one or the other. If this is something that is bothersome or hurtful, talking to him about it honestly can help.

Trust me, with a Cancer man, it isn't so much the harder, more emotional conversations as it is how they get brought up. Being critical will make him defensive and cause him to withdraw from you. Remind him of how much you love and appreciate him and how sensitive he is, and simply tell him you'd like more attention and support.

### *That Problem With Jealousy*

Though you certainly do not want to use this one as a gambit in a game- Cancers do tend to become obsessive,

possessive, and may really not care much about having to “share” you.

You know, that may be where you butt heads most: because while he’ll probably expect your understanding of his relationships with other women...when the shoe’s on the other foot: yep, he may act like a jerk. The best thing here is to not give in, believe it or not- but instead, again, clear communication and understanding between the two of you can help. And again, never, ever try to use that jealousy to get your way. That will make a bad situation far, far worse.

Now, when I talk about possessiveness- I am not referring to out and out abusive behavior. There is a very clear distinction here: and if his controlling, possessive behavior becomes problematic to the point you are fearful, it’s not natural and it is not normal.

It is also not your fault and you should not hesitate to seek help in getting away from him. I always try to make that absolutely clear in my books- abuse is never okay.

However- when we get to a level that is fairly normal, we are getting into something only you can define. Every woman is going to find different levels of acceptance in this respect.

What bothers someone else a great deal may not bother you at all. However, if it does- there are some things you can do to understand and to help him put those bad habits to the curb.

First understanding where it starts is key. In Cancer men, it's either going to be just good old fashioned insecurity- or it may go even further back to how he was in childhood. Now, insecurity may arise because he feels like he's not good enough for you and he will probably even say that from time to time.

As I mentioned before: he wants to be needed, so let him feel needed. It isn't necessary to become some sort of wilting flower at all- and that's not what he wants anyway.

If his possessive, jealous behavior is problematic for you- you're going to have to tell him. There is, as usual, a right way and a wrong way to go about this: and it probably won't go easy at first. That's okay. First, you need to tell him these things out of love and understanding, but firmly.

Ask him to wait until you have said all that you need to and work with those "I feel" statements. It may be a good idea to wait until you're not upset or angry and think about how you're going to express yourself, first. Tactful and sensitive

is the way to go, but be careful not to be so tactful that you sugar coat it and underplay how hurtful you feel it is.

He will likely respond with one or all of these three things: accepting it, being embarrassed by it, or being angry about it. If he accepts that his behavior is hurtful and you two can talk it out clearly, this is wonderful. If not, though- he may be ashamed of what he's done and that may seem to fuel his low self-esteem. Lastly, he may just get mad and deny it all as if it's nothing or maybe even accuse you of being dishonest or cheating- and that's something to contend with, too.

The important thing to remember here is that you're only responsible for your self-growth, yet- you may be one of the biggest supports and encouragers of his. If he wants to work on it, he will, and you need to hold him to it. Don't get caught up in a cycle of hurtful behavior and apologies: and don't use ultimatums.

Threatening to leave and never doing so will only cause his low self-esteem to dive further down and make the problems worse.

Threatening to leave, leaving and returning does the same thing: so, if you ever decide it's just too much and want to walk: walk and be done. Ultimatums only create band-aid



behavioral changes and can often make jealous or possessive behavior worse.

If he's willing to work on it, there is a fine line between being patient and being played. With a Cancer man, it isn't always easy to see: but there's one sure-fire way. Get him to talk about those things he feels poorly about, as far as he, himself goes. Get him to work on things to improve how he sees himself. If he's doing those things, he actually is working on it and a little patience for when he slips up is necessary.

## **Just Getting Started With a Cancer Man**

*There are a few tried and true basics of being just irresistible to Cancer men:*

Talk about your mother- or his. This sounds kind of weird and even a little gross, but happy, nostalgic tales of your mother will help to win him over. Getting him to talk about his will get him talking for a while, usually.

Go ahead and take that first step. Don't be aggressive about it, but remove the uncertainty, subtly.

Wear "touchable" clothing- and, lightly touch him here and

there as you talk.

You may want to hold back on the kinkier desires for a while. Though some Cancer men can be a bit on the wild side- you usually don't find that out until later, with good reason.

### **Why would you want him?**

This is actually a good thing to consider before you make your moves because it helps to have an idea of what you're in for, in a sense, from this perspective. Cancer men are kind of low maintenance in a way- which is good. However, note the "kind of".

He will, in fact, be a man who won't need you to do all the cooking and cleaning. He also won't tend to be the sort who you've got to beg to look after you when you're feeling ill: but, reciprocation can be a tricky business with this one.

Necessary- but something to be navigated, which anyone who's dated one for very long can tell you. The wrong move, he feels his masculinity has taken a hit- the right move and he'll be putty in your hands, though.

So far, he sounds a bit like most decent men- you know,

50/50 on things. Except life does not always shake out so that things can be 50/50, does it? And the Cancer man is aware of this.

Not as nitpicky and passive-aggressive as say, a Virgo man can be: but...oh, he's got his fair share of that if he feels he's doing all the giving. This is a fact that can really throw you, too: because he may make you feel like he wants to do it all. He doesn't.

You have to pay attention to the areas where he wants to be the giver and where he wants to be the taker. That's actually the easiest part: they're generally not that subtle about it.

Though in the part about the different sun signs, I went into the pitfalls of certain signs- it doesn't really matter what your sun sign is, you can still attract a Cancer man. The thing is, knowing what appeals to him, individually might not be as easy as you think- for example:

If you were to come up to him in a coffee shop and say hello, of course, he's going to be delighted to see a beautiful, assertive woman paying attention to him. He may even be down for a one night stand.

The thing is: in both of those situations, if that's all he feels that it is, it may never go any further. But how do you get the Cancer man to recognize there's more to explore and more to get into with you, relationship-wise? This is where friendship factors in.

At heart, no matter how horny typical man he may come across: he is paying attention to the signs that there may be an excellent friendship at heart. Or at least, the potential for it. If you find you're both sitting around awkwardly, with nothing to say unless you're getting physical: you might be in trouble there.

This starts with how you flirt and goes well beyond the bedroom. If your flirtation or even your courtship only ever seems to be geared towards sex, he will simply decide that it's one of those no-strings-attached, sexual flings.

That sounds like he's judging- but, he probably isn't. The thing of it is, flirtation is a powerful tool you can use to show him you're interested. That's a fact. He loves seeing others having a good time and if he sees that a woman is having a good time because of him- well, he likes that.

He is quite passionate and that is a thing he looks for, as well: but...friendship is ultimately going to be at the heart

of everything he does and it should be, with you, too.

## **Passion is a given, a relationship may not be**

A wild, intense romance can most definitely be had with him, but- that might be all that it is if he thinks that you don't want more than that. The problem is, once he believes that, getting him to think otherwise can be particularly tricky.

The key then is, no matter how intense it is from the jump- take things as slowly as possible. If you haven't, there may be ways you can fix it, but that takes some doing. We'll get to that in a bit.

### *Winning him over- the right way*

If you're looking to get a man who will chase you- unfortunately, initially, this is not the Cancer man's way. So, if things are just getting started out for you, do a little bit more work than you'd usually. While it may not feel much like you're going to get the man you want to do the work...he will.

But first, you will need to do a bit of the chasing, yourself. The thing you have to understand here is that they have very, very deep fears of being rejected- which can be a big

problem if you think playing hard to get is the way to go.

If this happens to be a man you work with or attend school with, you might not think that leaves much room for making any kind of seductive moves: but you'd be wrong. While of course, you don't want to break any office rules or whatever- it can be just the icebreaker you need.

This sounds odd, but, hear me out. Say you work long hours with a Cancer man and he seems to be taking care of pretty much everything there- he's just doing his job, and he usually does it well. It may not seem to you that he'd be open for anything social when he's working on things- because they do tend to get focused.

Still, you can't help noticing little hints- a smile here and there, that make you think there may be something there. There might be, but he won't be the one to really act on it.

What is strange about him is that you may think you've been flirting like crazy, complimenting him here and there, talking about how well he does things. The thing is, he won't realize you've been flirting if that's your approach, either.

Cancer men are not dumb but as I mentioned before, they fear rejection- deeply. So, often, what we as women may

feel is subtle flirting, they just see as you being nice. Sometimes, they may even think you're being nice out of pity!

This can be particularly hard if you are also afraid of being rejected.

Everyone fears being rejected to a certain degree. Many people talk about rejection as if it is the worst thing possible- but truthfully, being ignored in the first place is far worse than being rejected. One thing a Cancer man is not likely to do is to ignore you- so, you're a step ahead of things, there, already.

The thing to appreciate about Cancer men is that if they come across sometimes as not being quite as friendly or talkative as you'd like, it's likely he is a bit insecure about himself.

He may be more nervous than you really think- so, approaching him is a good way to let him know you're interested in talking, which leads to friendship- which, is where the romance of the longer term variety starts for him.

So what happens if you meet this nearly perfect Cancer man- but you're not sure if you should be making a move?

Well, there are a few ways you can tell if he actually might want to make a move, but is afraid- so, you should.

Understanding that you are dealing with a man who's not really shy- but, a bit hesitant can eliminate some of the frustration and guesswork. There are, however, a few signs that you should make a move on him- and ways you can make your move without risking embarrassment.

*Pay attention to his body language.*

With Cancer men who are attracted to women, actions honestly will speak louder than his words. This is one of the reasons why if while you're talking to him, a light touch here and there will spark things a bit. Though you might be frustrated because you're not getting him to outright say anything- pay attention to the way that he interacts with you without words. Eye contact is a big sign with Cancers, so is making sure to stand closer to you than other people.

One of the other things you'll frequently see in Cancer men when they're attracted? They're usually fairly nervous about being rejected- so, he may move around a lot. He'll be messing with his fingers, he may shift around in his seat, he may mess with his hair and put his hands in and out of his pockets.



You may also notice that he tries to sneak looks at you, but looks away very quickly. Cancer men also have a habit of trying to find things they can do when they're nervous- and so, if you invite him over for dinner: he doesn't think you're a slob, he's just nervous and probably is very attracted to you.

*He's been talking about you to other people.*

These men are very talkative, which you've probably noticed- though they don't seem to talk to you or even flirt in an obvious way. However, friendships are very important to them and they'll often let it slip with a friend how they feel about others.

This is usually for a couple of reasons- and the biggest one is this: did that friend talk to you about him? Cancer men are no slouches in the planning department either. If he's talked to someone he knows will talk to you- odds are pretty good you can safely make a move.

*He's texting but...not calling you*

This one is a particularly weird one, especially if you've already enjoyed some romantic one on one time with him. It's fairly easy to assume something negative like he's got

something to hide, but with a Cancer man...it may not be that simple.

Usually, whether you've been together "that way" or not- if he's texting but doesn't call much, odds are good he likes talking to you but he's not sure how you'd react to something he sees as "the next level" in your communication.

### *Vaguely promising things or planning*

Probably the most obnoxious thing you can ever hear from any man is "Oh, sometimes" or similar. It may seem like he's beating around the bush or worse, that he doesn't really want to spend time with you.

The answer is probably not quite that, but instead, he's just unsure of things. If the man you're interested in talks to you and he's sort of hemming and hawing or he's saying things like "soon" or "sometimes"- he's likely much more interested than you think.

### **How you can make the moves without pressure- and minimal risk!**

Next, let's look at a few situations where you can change up the way you do things just a bit- and it will help you get

that Cancer man out of your dreams and into your life. If you've seen the above signs- or some of them, this is how you can ask him out without the pressure.

So, say you and your friends go out a lot. Maybe you all hang out at the same place for girls' night and there he is. Sometimes you talk, sometimes you don't. Or just, you know, any situation where you meet or see a man on the regular.

So, you know that you should probably get this man's attention- and his contact information so it can go further. Problem is, though you talk here and there and even flirt- he hasn't asked yet. What do you do?

Let's look first, at what you don't do- it may seem like the easier way to go, but do not ask him for his social media accounts. Instead, ask him for his number so that you two can go out for coffee sometime. Say something like, "Hey, can I get your number so we can meet up for coffee soon?" and you're likely to get it.

What if it IS someone you work with- or just someone you've been friends with for some time? Of course, you've been friends or coworkers long enough that you talk quite a bit and you feel like maybe there's a bit of a spark. Maybe it's something you have been thinking about for

some time- so, you think, maybe I should just tell him I can't stop thinking about him!

This is a very bad idea when approaching a Cancer man. Instead, why not try just asking him out to dinner? You'll find that because you asked him to dinner, it comes across as romantic, rather than "just going for a bite to eat" as friends. However, it also doesn't push in a way that might lead to him feeling just a bit too much pressure.

What if you've been chatting with him online already? Often, we meet people on dating sites and social media- and the conversations just seem to go so fluidly and well, but, it never leads to the dates we want. Well, there's a way to get that going- simply ask, "You know, we seem to get on very well- why not meet up next week?"

All too often, women who are trying to meet someone for romance make a fatal mistake: they ask to hang out, instead. That's really not the way to go with a Cancer man at all. Asking to meet up in person, with a specific time actually gets the ball rolling nicely without undue pressure.

## **Texting the Cancer Man**

Let's face it, while a phone call is a wonderful thing- most of us communicate more in text than we do any other way.

If you're wondering how to get things to a place where it starts to move in the direction of dating- well, there are a few ways you can make sure your text messages are getting responses.

Whether the two of you are just starting out or you're stuck and wondering how to get him responding: there's a right way and a wrong way to text these sensitive men and I can tell you the right way.

*Never begin your texts with the word "just".*

Does this sound a little weird? It isn't. When you get your communication off to the right start and keep it there- you'll find things work out really well. Starting sentences with the word "just" is like apologizing for something- and it makes you come across like you don't feel your point is worth considering, even though you do! Sometimes, this seems like a way of making your texts seem "low pressure" but what it really does, is makes them seem "low value".

"Just seeing what you're doing" seems unconfident like you don't think he really wants to talk to you in the first place- but, also, conveys the overall message that what you've said isn't that important to you, either. He may not see it as you wanting to talk that much at all. Instead, try adopting a more confident approach.

*Bring something to the table.*

Have you ever had one of those friends that just seems to tap all your energy? Now, a Cancer man is known for his powerful listening skills- he truly is. One of the more sensitive signs of the zodiac- he may not tell you that you're making a lousy impression until he vanishes.

Beyond that, does it seem like you're always answering his "What are you up to?" texts by basically asking him to entertain you? You may not think that's the case, but if you're complaining about being bored- you may well be.

Of course, every now and again, this is fine. But think about it, crack a joke from time to time or say something interesting: and instead, you're offering him something to talk about with you, rather than expecting him to do it all. This sets the stage for both great conversation- and that friendship he's looking for.

*Don't rapid fire text.*

More often than not- if you send one text after another, to any man, he's only going to respond to that last one, anyway. Beyond that, with a sensitive soul like a Cancer man, this approach is very high pressure. You've got to

give men a chance to respond, first and foremost, but secondly...that's a level of pressure no one enjoys.

With these men, in particular, there's nothing better than a good conversation- apart from, a good conversation that is forging a strong friendship. Remember, he's watching for signs that you may be that friend and lover he's searching for. Keep your conversations interactive, not interrogative. Overwhelming a man with texts is a serious turn off!

*Long texts aren't the way to go, either.*

Occasionally, there's a good reason for sending a very long text. This should not really be the usual, though. You know what I mean- sometimes, you want to detail each and every little thing in a single text- but that doesn't really keep a conversation going.

That usually ends up being a frustrating thing, anyway as you go to all the trouble to send this long text- and get a very short one back if he responds at all. A good rule of thumb is if he's got to scroll back up to read it all- you're probably going into the far too long territory.

*Never, ever try to fight via text.*

It's very tempting, it truly is! Especially if the reason you're

getting into it is his lack of response. However, if you want to resolve a problem, you do not want to do it in such an impersonal way, especially with a Cancer man.

They are incredibly sensitive, remember- and if you're approaching a very tender issue in a very impersonal way- this is not something that is going to work out well. The impression he's going to get, rather than this being something important- is that you don't know how to handle important matters. That's definitely not what you want him thinking!

### **What about long distance relationships?**

Now, it may seem like this is a very odd thing to focus on, but, if you're engaged in a long distance or online relationship with a Cancer man...not so much! There's a reason for this. Cancer men are notorious for being excellent writers and they know it.

Written communication often gives them the chance to be more confident than they really are, too- so, they're often more likely to end up in a long distance relationship. Modern times being what they are, the old stereotypes of long distance relationships are no longer true- and the same can be said for online dating in general. The truth is, there's a much, much better chance these days that your



relationship will start off that way- so don't let anyone make you feel like it's impossible because it's far from it. Especially with these loquacious men!

*First and foremost- always try to remain in a positive, upbeat mindset.*

Long distance and online relationships can be very frustrating. However, the thing of it is, Cancer men are ruled by the Moon and they are water signs- which means, they are very sensitive to emotions. Many of them kind of go along with the energy they're presented with.

So, if you approach things in a more positive way, he'll be more drawn to you. They want to be around people who make them feel good- and if you can do that, he'll stay in touch and things can evolve to where you want them to be. Being overly negative and complaining a lot may seem like a way to keep a conversation going- but, it's a serious turn-off.

*Make sure you ask him about himself.*

Of course, showing interest in a man can be a minefield but....nothing turns them on more than someone who is clearly interested in them. Have you ever had conversations with people where it always seems to turn

right on back to themselves? It's incredibly uninteresting and the truth is, Cancer men are very used to this. When you are a very sensitive, receptive sort- it happens a lot.

So, you can imagine how refreshing it is...when someone's asking about you. Again, remember, the women in his life are very important to him, so expect to talk about them quite a bit. This is actually a great way to get to know what they like- because once you get to a point where you take the next steps in "real life", you're going to find impressing them is also important.

*Play up the tease without being hard to get.*

Of course, playing hard to get is advice a lot of people give- but, it's bad advice, in general. It's incredibly bad advice with Cancer men: remember, you're dealing with someone who's more afraid of rejection than anything else. At the same time, you don't want to spook him with too much pressure, either. So...what can you do?

Well, a little mystery will go a very long way. No matter how sensitive any man is: he wants the thrill of the hunt and they're no different. Keep the information you give him a little bit lacking- leave something to the imagination.

Compliment him, for sure, but don't go overboard with it. Take your time and make him work for it. No matter how much he's looking for the sure thing, if he thinks he's gotten it too fast: he may get bored and vanish or he may not take you very seriously.

*Poetry should be used carefully.*

This one may seem like a given, however, it's not. Cancer men are definitely romantic and they usually enjoy poetry, music, and art. However, it's going to be very important that you are careful about what you send- and how you respond when you share what you love.

Sometimes, they can be just a little more critical than they intend- so, either keep it to things you know he adores, introduce him to some new things he hasn't heard of, and keep an open mind. You can get into some very lively discussions this way- and believe me, get a Cancer going on music or poetry and he can go on for hours!

*Jealousy in Long Distance Relationships*

This is one that I tend to see going both ways with Cancer men in long-distance relationships. Whereas he can usually be a bit possessive, in long-distance relationships- there can seem like more to worry about for both of you.

Trusting your partner is absolutely important and you should both feel secure enough to trust that there's nothing bad going on. Still, it can be quite normal for the green-eyed monster to emerge in such situations.

It is also possible to work together to abate those feelings and forge a stronger relationship for it. Banishing the worries might not be an overnight thing for either of you- but, it is something you can do together.

Talking to him and allowing him to be open with his feelings can help put you both at ease. As a Cancer, he naturally has a desire to make people feel secure and loved- that gives you quite a bit to work with.

Listening to his concerns helps ease his mind a lot more than you may think- not only does this help to reassure him, but it also will help the two of you grow closer. If it's you that gets jealous, do the same, just be open.

This is a much more beneficial path than allowing your worries to get the better of either of you- and possibly say something hurtful that you can't take back.

## **Setting Up The Perfect Date With a Cancer Man**

Before you even go on the date, understand that for him, he's looking at relationship potential. He's sensitive and he's emotionally intense- but, you've got to take it slow and keep the pace.

He might not, and if things go too quickly, they may also go south very quickly. So, keeping things going slowly starts with that first date. Showing him that developing friendship's important is done in this way- even if he doesn't know that's what you're up to.

The truth is, your Cancer man will likely get attached very fast- and you won't even notice until he's already too far gone that he's taking things more seriously than even you are. The problem with that is...you might accidentally hurt him without meaning to.

You may not realize this just yet- but, one of the reasons a lot of Cancer men are extremely fearful, is they're often rejected for being too needy, too fast. The reason for this is, no Cancer's ever dating someone just to have a good time- and if you're a Cancer woman, you likely know this better than anyone! If you're not, you're probably pretty clear on what your goals for dating are, too- even if you're not sure you're serious at this point.

He is looking for that friend and lover- which I keep

repeating, but it is SO important to understand this. If things go particularly well, by the end of your first date, he may have an idea of where things are going- or where he wants them to go.

Your Cancer man takes a very different approach to dating- a wonderful date is to him a way of getting to know you and letting you get to know him. He's making friends, first.

The perfect date for a Cancer man will usually wind up being some situation where he can somehow, do something for you. Cooking is usually one of their particular specialties.

If you do happen to go out to eat with him, look for one of those places that serve the home cooked meal style foods. If you invite him over to your place to cook for him, though: go with something he can help you with and you'll have him eating out of the palm of your hand. Probably literally.

Another thing about that, and it's important: be sure your house is well kept and homey. If he happens to note something is off and mentions it, don't take it personally: ask for his help in fixing it. Remember, he's probably not being critical, but rather- he's looking for an opportunity for

you to need him.

Another awesome date for Cancer men is hiking or outdoor activities. They tend to adore easy going activities out in the wild- especially if it involves getting to interact with animals. There are very few men you'll find that you can take to a petting zoo and they'll be head over heels.

### **What Should You Wear?**

Cancer men are very attracted to vibrant, pretty colors. Dark purples, orange, and deep blues are always a safe bet. You'd actually be surprised to know that once you two have been dating a while- he's one man who will probably love going shopping with you. This makes choosing clothing he likes- fairly easy. Until that happens, though, touchable clothing is always a win.

One great thing about a Cancer man is that he really isn't all about you being uncomfortable to please him. You don't have to worry about him wanting those spiked heels or getting all dolled up in things that make you feel uncomfortable.

He does tend to like women who dress in feminine gear- but, don't think this means you've got to be all dolled up, all the time. It doesn't, and when you do this: he'll

appreciate it more as something you didn't have to do, but did, just for him.

## **Gifts He May Like**

As I mentioned before, Cancers are big on giving- but, they don't care much for the one-sided. So, you have to be prepared to both give and get. But what do they like? Pay attention to the things he talks about- you can get him memorabilia that brings to mind happy times.

You can buy pretty frames for his photos. Cooking gear is usually a welcome gift and, most of them are completely okay with gift certificates and otherwise- because, well, they like to shop.

## **What happens on that first date with a Cancer man?**

Or, maybe you haven't even gotten that far and you'd like to know how you can know if it is going well, once you do?

Well, there are lots and lots of articles out there and blog posts about how to tell if a date is going well. They don't, however, really ever adopt a sort of chemistry-based approach, which is important for all water based signs, but Cancers in particular.



While they are more apt to go for a woman that presents the whole package: friendship and romance, you have to watch for the balance of the two. Otherwise- you may tip either way, which you don't want.

Pay attention to your own intuition- your intuition, the same as your emotions, tends to run with the Moon, so when dealing with a man who is ruled by the Moon: it can be a powerful tool. Even better yet, if you happen to notice that he's doing these same things- you may be onto something.

*Losing track of everything else going on around you.*

Have you ever been on a date that just went so well that it almost seemed like things around you got quieter? You simply didn't feel like picking up your phone or finding your thoughts drifting: you may be onto something with this one.

*You are NOT all worked up.*

You may believe that those rushy feelings of anticipation and excitement that overwhelm you with passion are a good sign. I want you to take a step back and think for a moment, about how those romances have turned out for you in the past.

Now, a Cancer man has a way of putting everyone around him at ease- it's what he enjoys doing. So, you may not get that feeling with him. Think about your past again: this is a very, very good thing.

The thing about those feelings are if you think about them: they're pretty close to anxiety. There's a reason for it: they are a warning from your intuition. If you find yourself feeling more at ease, more comfortable, your intuition is letting you know that you're in a safe place to allow yourself to relax.

*You both seem to be present for the whole date.*

Have you ever been with someone that just seemed like they'd rather be somewhere else? Even though they're talking to you, even though they're there- they just seem distant and distracted?

This is a bad sign if you see it in others- but, it's an even worse sign if you are always wanting to be somewhere else or thinking about somewhere else. For this one, though, your own body language will be your biggest hint- is it a bit easier for you to lean in, touch his arm? Do you find yourself scooting to be closer?

### *Talking just flows.*

Of course, everyone's a little nervous when you first start to talk on a date, but, after a while, it should flow. If you find that you just feel comfortable talking and it does not feel like the conversation is forced or like you're running out of things to say- this is an excellent place to start.

One of the biggest hints, though isn't so much that you're agreeing on everything- but that you feel like you can disagree without it being a major issue. As a matter of fact, you may find the two of you are trading perspectives with ease.

### *Which leads to...the deeper conversations.*

You may not necessarily start off in deeper waters, and of course, if you're on a movie date, the talking points might not happen until after: but, a deep conversation is an aphrodisiac for a Cancer man. Moreso, if you're into him, and the chemistry is there- you'll notice it comes pretty easily for you, too. As it does, you may find yourself getting even more comfortable with him- and that is an excellent sign.

## **How To Steal a Cancer Man's Heart**

Getting a Cancer man to fall in love with you is not really as difficult as it may seem. Not to crack jokes- but, love tends to be what they're looking for and we've got a way of finding what we seek. An emotional bond is your first goal- but what's the best way to do that?

### **Play a Bit Needy**

This is one of those weird balance areas that can be hard to navigate if you're not used to it. A Cancer man needs to be needed but, he sniffs out the powerful women for it. Doesn't make a lot of sense on the outset- but consider, he's wanting someone who he knows can take care of herself but will allow him to do it.

It's really difficult for some women to be a bit more vulnerable, but, allowing this to him will open that door nice and wide- he'll walk through. Play it a bit helpless from time to time. While in most cases, you wouldn't want to play up feeling so gross from the flu, or you wouldn't even want a partner to see you that way- trust me: you let your Cancer man take care of you when you're sick. You'll find that your vapo-rub's his Shalimar and your sickly pallor is beautiful to him, in a way. Don't show up for dates like that, mind- I'm just saying: he loves to take care of people.

If you find yourself in a position to ask him to take care of something or fix something for you- do so. Cancer men adore being able to take care of those they care about- but also, it's a great way to entice him. Whatever you do, though: be sure it is something he can do- if he can't, his ego takes a hit and that's no good!

### **Listen to a History Lesson- His**

When you're talking, offer up some details about your family life, and use that to ask him about his. You will discover that even if he's had a bad family background- there will be things he likes to discuss and will readily go into it.

He will usually have stories upon stories to tell about being a kid and those are things you want to listen to, and take some mental notes. Additionally...as I mentioned earlier: if he does have a relationship with his mother, you might want to work on that, too.

### **Keep it on the homefront**

You have to understand, first- what his idea of home is. You know, in the past, it would have been the nice little place, picket fence, kids and all- but, times have changed

and everyone's going to have a different idea of what home means. Ask him. He may not be the traditional sort- but he will have something in mind.

Giving him a taste of your own abilities on the homefront isn't a bad idea either. If you can find out what he likes to eat, serving it in your own well-kept home is a great idea.

### **If you're mean- maybe you should opt for someone else**

I joke about that- but, if a Cancer man sees you being needlessly cruel to someone: he may just decide to give you a pass entirely. If you're the catty sort, you'd better work on that. It's simply not his thing.

Worse yet, if you have a negative opinion about things he cares about- stifle it. If you cannot find a nice way to say something, you're better served not saying it.

This also plays out in another way- if you're just starting the dance of dating with a Cancer man, while yes, asking him key questions about his past is good: do not go all psychoanalytical at this juncture. (Scorpio, I am looking at you!)

If you come across too strongly, no matter what we're talking about, he may withdraw. If you have already encountered the withdrawing- back up a bit. Maybe send him a cute note or invite him out and just take the do-over. Don't bring it up again unless he does.

## **Figure out his traditions- and go from there**

Though many offer up advice about traditional values- the problem is, what is traditional for him? That's what you've got to find out before you claim to or take interest in a tradition.

One Cancer man may be very stodgy and want to take a traditional approach to dating, whereas another may have his own ideas about how it should go. The best way to find out is to ask- and once you do, take a genuine interest.

## **The Keys To Getting Things Moving With a Cancer Man**

Once you've really found yourself into a Cancer man...boy, convincing YOU to take those next steps may not be that hard- but, what if he's not moving along as quickly as you'd like? There are a number of reasons that this happens and usually- it isn't you.

However, there are a few things you can do to get the ball rolling. The thing is, your Cancer man feels things far more deeply than he even shows- and given, well, most of them are very open with their feelings: you can't think that because he's not, he doesn't feel things.

The thing is, they're also very private at times- and if you've got one that has things in his chart that bolster the privacy aspect, you may need to be a bit more patient. That doesn't mean you're down and out, just waiting, though. Here are a few things you should know and do.

### **Let him do what he does when he does**

This may seem counter-intuitive- but, Cancer men can get very emotionally intimidated. Particularly, if he's had bad luck with love in the past. It is absolutely essential that you allow him this time- especially if that's the case.

Do not bombard him with text after text and don't push. In the beginning, it's really important to let him set the tone and the speed of your courtship. A glowy happy message after your date to tell him you had a good time? Great move. An intense love letter? Not so much- not yet.



It won't take as long as you may think- just be patient.

## **Don't make him jealous**

Cancer men are possessive- even on some level, if you've never seen it, or haven't seen it yet, they are. You're going to need to understand that you play that game with him- you'll lose, especially early on.

Later on, he may react very strongly which may make you think you've gotten your way- but, the trust you've derailed in it will not be easily won back and will create far more problems than it solves.

### *Don't talk too much about your ex*

He probably wants to know about you, but...don't overdo it. Talking about your ex or exes should be kept to a minimum. If you're running out of things to talk about, try shifting your conversation over to charity or politics. Even if you disagree, and you might: being respectful, honest and clear, with just a dash of compassion often helps get a good discussion moving right along.

## **Friends and lovers**

You need to understand that the best relationship is one

where you're not just romantic partners, but best friends. This can be a little bit hard to understand- though everyone claims they want it. Think about it just a second, do you treat your best friend the way you treat your lover?

Probably not. Not every date or otherwise needs to be an over the top affair- enjoy the times when you can just be together. You'll find that this works out in your favor far more than pushing for nonstop romance- and, frankly, it will entice him to engage in the more romantic aspects with more frequency anyway.

## **Intelligence is sexy**

Now, in some of those sun sign compatibility write-ups- we did talk a bit about how some tend more towards intellectual rather than emotional. This does not have to be a detriment. Not at all!

As a matter of fact, Cancer men love a woman with intelligence- and he loves to learn, as well. Finding things to talk about is no problem with him- if he doesn't know about it, he'll listen raptly. If he does, you can get him going for hours- so learn to enjoy that, as well.

## **Cancer Men in the Bedroom**

One of the rough things in dealing with Cancer men happens when it goes from the talking...to..more than talking. You might think it's going to easily go from those deep discussions to the passion- but..it may not.

They're not exactly easy to read on that front. Even if the two of you have become close friends- there may be this sense of things you don't know that keeps you intrigued.

The mood swing thing does carry over to the bedroom, unfortunately, so does the unpredictability. He's broody and restless at times, but also very idealistic and a deeply romantic person. Again- that lunar influence makes him very prone to highs and lows, but also, fully capable of taking you with him! So, how do you get it to be highs in the bedroom?

Suddenly, the man who seems to be kind of progressive and maybe even exceptionally open-minded will shift to a very traditional type! In some ways, this can be an amazing experience, but in others- it can make you feel a bit thrown off- particularly if he starts with the possessive stuff.

You might find you have to be pretty encouraging of him on a constant basis- and if you do that, you're going to get your mind blown. He may go from seeming to be so

unsure to suddenly, seeming to know it all and you would be absolutely right to just go right along with that.

Let him think he is teaching you the ways. You'll find he is a bit of a talker- though when I said "in the bedroom"- that may not hold true. It might be in the living room. It might be in the kitchen. It may also be on your outdoor date- but someplace private.

Whatever you do, if he is spinning you some big, beautiful dreams or he is dirty talking, or he's explaining a concept to you- refrain from "I know, I know." or taking it personally, thinking he's talking down to you: he's not. If you upset him at this juncture, you'll definitely get the broodiness.

He wants to talk you through what he's doing and you should encourage this- it'll turn him on almost more than anything you could ever do physically!

Now, he may strike you as a bit on the kinky side, but oh, be careful with that in the beginning. He has a bit of an idea of you- and for now, go ahead and go with that. Even if you think you're playing along with his dirty talk if it's early on: keep yours a little understated. Remember earlier, I mentioned, you have to take the lead until you don't? This is usually where.

## *Where To Touch Your Cancer Man*

Cancer men are very big on being kissed and kissed by someone who knows how! A long, lingering kiss is a delicious treat that they absolutely enjoy.

His chest will likely be incredibly sensitive, particularly his nipples. Running your fingertips and hands over his chest can be an incredibly slow, teasing turn on for him- and following with your mouth and tongue will have him clinging to the bed sheets.

Light touches with the tip of your finger are a tease move sure to drive him wild- and tracing little circles tends to be a delightful thing for them.

Slow, light touching like this is also something that they have a very hard time resisting and you may find that he enjoys this almost as much as the sex itself!

A lot of people don't realize that all that sensitive sweetness and all those intense, deep emotions hide one heck of a strong, smoldering sexual nature. One thing you need to understand is: where they are is almost important as what they are.

They can be as creative as they are moody- and regardless, praising them in the bedroom is always a winner. Start off with a well placed “Wow” after a passionate kiss and just see what happens.

In the bedroom and everywhere else, he is a caregiver. His love style is just like his sexual style- and he’s going to really want to take care of you: so making sure he knows that he is, really helps him.

### *Other ways to get him into your bed*

Cancer men love to be around water, so, long walks on the beach are no cliché with this man. Another thing that will work out wonderfully is a very well orchestrated, romantic bath together. Get your bathroom in order, light some incense in there first and let those delicately scented candles and floral scented bubble bath clear the outbreak.

It’s not particularly difficult getting him to the bedroom- though, you’ll want to be sure yours is well kept. He does enjoy sex and once you get him going, he will want it all the time. The thing is, though- he’s not looking at you like you’re just for sex, not if you’re spending time with one another in other ways. He’s definitely one who prefers lovemaking to just plain old’ sex.

## *Foreplay is the Long Game*

You might wonder if he's starting things off or hinting at what's to come earlier on in the date- and he may well be. Cancer men are notorious for this and it can be a bit confusing. Flirting back, but just being vaguely sexual about it- while letting him run things, is the way to go with that.

He also enjoys foreplay, usually. A great deal. As in, I have known some Cancer men who have initiated it dates before the actual act occurred! Don't think he's a tease, really- oh, he is, but, it's worth it.

Now, though you're letting him take the lead in things, don't think he wants you to just be passive. He doesn't. He is always on the lookout for stronger, experienced women- but women who are very nurturing and caring, too. So many people write about Cancer men as if they're some sort of overly sensitive- and, that's really only a very surface level picture of things. They play just as hard as they work- and they take their work, and their play, very, very seriously.

Though a lot of people talk about them as though they're strictly vanilla, with the lights off and the blankets on- that's

not really usually the case. They are very sensual men and they have quite the interesting way of it playing out.

Don't forget, Cancer is the opposite zodiac to Gemini: which means, they love in the opposite way, too. Whereas Gemini's always seeking out the new, the exciting- and that's it's own sort of turn on, Cancer is a pleaser, all the way. You being turned on, turns him on, in other words.

While you don't really want to lay it on thick with a dirty talk at first- you do want him to realize he is pleasing you. Let yourself go and enjoy what's going on and you'll find that he becomes an intense, unselfish lover that gives you everything.

## **The Problem With A Cancer Man's Possessive Urges and How To Solve Them**

Many of the issues or concerns with Cancer men go back to their tendency towards possessive behavior. This may seem light years away from that sweet, deeply romantic soul many are told Cancers are- but it isn't. Things can go very quickly from desire- to desire to own.



This usually all has its roots in jealousy and insecurity- and many couples do cross that line: that's a fairly normal thing. It can be very easy to take steps over the lines of healthy boundaries and accidentally disrespect one another's independence- but the issues that causes can last a long time.

Of course, if you think about it, these things seem innocuous enough on their own. Snooping through a partner's cell phone, laying on a guilt trip when somebody goes out with friends, or the odd emotional explosion when someone isn't feeling quite as good about themselves as they should- or even, at times, getting the second degree over even the possibility that you may be attracted to someone else!

I think to some degree, we have all experienced this or even engaged in it- and, all around you, you may see people sort of celebrating these behaviors when in fact, they're not healthy and cause problems. You should avoid them and so should he.

*Controlling behavior isn't love.*

There are many ways these things manifest themselves- some are obvious, some not so much. But ultimately they do boil down to one or both partners attempting to control

the other. When a Cancer man feels a strong connection, there may be a part of him that thinks that these things are okay or that he's entitled to do them- and you may have that same issue.

The thing of it is, attempts at controlling our partners tend to limit them and make them feel bad about themselves- which is not something we think about in the heat of the moment.

Cancer men have a hard time seeing that when they're ate up with their emotions, though. When he's feeling secure, he would not think for a second about hurting you- and it's likely, you feel the same way.

The goal, then, should be in making our partners and ourselves feel satisfied and well rounded- fully present in our relationships. When he makes you feel bad about spending time with others- or when you do it, this is not what is happening and our worlds shrink a little.

Restricting one another pulls all the life and the air right out of a relationship and can cause it to not only be an unhealthy situation- but one that doesn't last for very long.

So, how then can we help not only our Cancer man to stop the possessive patterns in a relationship- but end them

ourselves? The first step is in addressing where that behavior comes from- why it's being done and dealing with those feelings underneath that cause it to happen.

**Now, understand that we all have feelings of insecurity and fear in our relationships.**

It's what you do with those feelings that matter and with a Cancer man, this can be tricky territory to navigate because he may even act like you being jealous is cute. It's not. And ultimately, inside of him, he doesn't feel it's endearing- though you both may engage in it.

Understanding that these feelings come from deeper issues like the way we see ourselves, our own fear of rejection, loss of intimacy or even trust is key.

All too often, instead of looking at where those feelings are coming from, a Cancer man is quick to project them onto you! That is why he becomes controlling because ultimately, he's hoping that will stop those feelings he has, but this usually doesn't work. It's sort of like breaking your arm- but putting a band-aid on your toe and thinking that will correct the issue.

When a Cancer man feels unlovable or like nobody really

wants him, he will engage in many really weird behaviors which he's using to try to kill that feeling in himself.

He might start acting coldly or even rudely towards you- because he wants you to chase after him, to dig in, to find out what's wrong because, for him, that shows you are interested and concerned. It's not the right way to go about things, though! If you've experienced that, you well know this.

He may also play the victim- suddenly, he seems like every time you say even the slightest thing, his feelings are hurt. Any action may provoke this sort of wounded act on his part if he feels like it is conveying a rejection of him.

He may start getting bossy and controlling and the truth is- all of these behaviors come from the same place: he feels he isn't loveable on some level. That has nothing to do with you- but you can help him to understand it and address it, so he stops the crappy behavior.

The inner child is a big deal with Cancer men. Think about this one for just a moment- when you're a kid, you begin to develop the coping mechanisms you will carry with you, throughout your life. You do this, in order to protect yourself from things that hurt. This is what Cancer men do- except, their inner child just keeps close to the surface.

So, those early experiences sort of formed the basis for how he expects relationships to go- and, those defensive mechanisms he has, they're just things which continue to play out in his day to day life.

In order to help yourself to make sense of his past- and explore how his early attachment patterns formed the basis for his behavior now, it's important to keep that in mind. The more uncertain he feels- the more possessive he may be.

Problem with this is, when he's projecting those fears onto you, he's really chipping things away rather than making things more secure but...he doesn't see that, yet. That's where you can help.

Rather sadly, because much of what you are dealing with now- has more to do with his past than it does you, it can be hard to get things on track unless you are reassuring him in a way that works. The thing is, that's all he's really seeking when he's acting out in these ways- which sounds absolutely ridiculous if you're not the jealous type: but if you are, you probably recognize just a bit of yourself in this, as well. Problem is, does this work? No. It just pushes our partners away. There are, however, some very real steps you can take with your Cancer man to help banish

these things for good and have the equitable, trust-filled relationship you both deserve.

**Both of you should be working on your sense of self.**

Look at ways that both of you can feel less critical of yourselves and accept that you're worthy on your own. Understand that you are both strong and capable and encourage those feelings in one another frequently.

This has an added benefit- you'll both find you are much more attracted to one another. As you both work on your self-esteem, you'll notice that you're more stable and better equipped to handle anything life throws at you.

This will help you both be less clingy and more giving, which will also simplify your lives in some wonderful ways. There will be a lot less drama and a lot less fighting- and everyone will be much happier.

**Both of you should actively resist acting out in jealous, punishing, or bossy behaviors.**

Peeking at your partner's social media inbox, text inbox and otherwise is really not just a violation of trust- it's also going to push more distance between you. He shouldn't

be allowed to get away with that, nor should you expect him to allow you to do it.

Though you may feel nervous- or he may say he is nervous- it is never okay to exert power over one another. Instead, try talking to each other about how you feel. Instead of snooping, communicate. Instead of being bossy, try requesting- and never, ever “punish” your partner: don’t accept him doing it either.

**Understand where these feelings come from- and deal with it on that level.**

Do you ever feel like your Cancer man is punishing you for the crappy actions of his ex? Do you find yourself engaging in that, too? Well, it may be the time you both dealt with those feelings and you placed the blame where it goes- and it does not go on each other.

You are not responsible for healing his past wounds- nor is he responsible for healing yours. Look at your history- and help him look at his. You’d be surprised at how this level of vulnerability with one another can help you to grow closer- rather than alienating each other with jealous, possessive actions.

**Calm the worry and fear.**

People don't usually realize this, but those things we go through create anxiety. With a Cancer man- if he feels out of control, if he feels insecure, he may be one bundle of nerves and this can come out in so many ways.

Try yoga, try mindfulness practices together. You should both be able to sit, alone with your thoughts without letting them get the better of you- and in turn, creating problems.

### **Tackle that inner critic.**

Your Cancer man's self-deprecating jokes may be telling you much more about him than you think. What seems sort of funny, quirky and cute may well reveal more than he thinks, too. When you think about it- all of us have this internal voice which is often a bit harsher than it ought to be.

He is no different, save, sometimes, with a Cancer man, his is very, VERY loud. Why does this create the ripe ground for possessive and jealous behaviors? Thoughts like "You're no good- no wonder she'll cheat on you" and things like that.

This does not make it okay for him to accuse you or to spy on you- but, it does give you a place to understand him



and why he sometimes does the things he does. It also opens the door for a solution- especially if he's used this as an excuse for why he is behaving badly.

Help him silence that inner critic! You don't do that by giving in to ridiculous demands, by the way- you help him see what value he has in your life on a consistent basis and what value he has in general.

### **Be open and honest- always.**

An inner child at the helm or no- talking with one another from an adult perspective is absolutely vital. Honest conversations about feelings, particular insecurities, can be a useful tool and help put us back in the driver's seat of our own minds and hearts.

When we can at least, first make an effort to stop acting on the baser emotions and the knee-jerk responses, we begin to take the steps forward in trust. Letting each other know how we feel, rather than acting on those feelings creates a stronger closeness than snooping or control ever will.

The better path, whether dealing with an old heartache or even one created in our current relationship- is trust. When we restrict our partners, when we hurt one another,

we only broaden the rift and encourage more of the hurtful behaviors we don't like.

It's important to enhance our sense of self- and encourage one another to do the same, but also, this leads to being able to enjoy ourselves and be close. True closeness is a beautiful lesson to watch a Cancer man learn- and as he does so, he recognizes that he can, in fact, be vulnerable and less possessive.

## **A Common Scenario With A Solution**

One of the weirdest things I have ever heard of was my Taurus friend who was dating a Cancer man. He'd come over for an intimate, candlelit dinner- and of course, she being a Taurus, who does this better? But all he did was complain!

She was flustered and confused by it because though everything was perfect- utterly so: he complained. Though that was off-putting, what happened next was even worse.

She corrected the things he'd complained about by the next time he came over- and he acted like she'd slapped his face. She was totally baffled, because, well, if he wanted those things fixed, why did he now act like such a jerk over them being fixed?

Well...she should have asked HIM to do it! Sound weird? You're new to the Cancer man. You've been with yours a while and the light bulb may just be going on right now, right? You have probably seen situation after situation where you thought you were doing the right thing- but, he acted weird about it.

Now, in the above situation- her Cancer man was testing her and she failed until she realized he wanted to be the "man" for her. Once she did, if he complained, she asked for his advice or input. The times he could be the one to fix something, she let him and he did. Things got better.

She did, however, tactfully talk to him about his negativity- something he respected a great deal because she was not critical. Instead, she used "I feel" statements to appeal to that Moon-ruled heart of his and it worked wonders.

### **How Do You Slow It Down- Without Ending It?**

One of the biggest issues I see with Cancer men is not so much that he's run off or that he's going to slow- it's that he is moving MUCH too fast: and his partner wants to slow down. Or needs to. You know how it is, those initial weeks in any new relationship are just exciting- they're a real rush!

Of course, when the chemistry is brand new, you begin to spend as much time as you can with one another, you're talking and texting all the time. It can feel as though you have been friends and lovers for lifetimes! But...comes a point when you recognize: this is moving way, way too fast. And this is likely to happen with a Cancer man.

Problem is- first, how do you know it's moving far too quickly? That's something that only you can really determine, but, there's really no general set of rules. A lot of people have come to me with a particular moment in their new relationship and each one's been different. If you begin to notice that...well, you're starting to feel like maybe you don't have much of a life of your own anymore- it may be time.

First, understand that this is very normal and it's also very natural for this sort of feeling to happen. That doesn't mean the relationship is bad or that he's obsessed: it means that you're feeling a little overwhelmed and this is okay. Relationships do take a LOT of work- and with a Cancer man, you really do have to have those healthy boundaries in place from the start. Be honest with him about what you feel, and, if you can: let him know what you expect before you're in deeper than you'd hoped for, so quickly. If you have gotten there and you're reading this

to figure out how to navigate a tricky emotional situation- read on, I've got you covered.

You need to set this discussion up somewhere that doesn't have a lot of emotional ties- don't do it in bed, don't do it after you two have been having sex or in an otherwise romantic setting.

Maybe in the car or someplace where you both can be comfortable without being too personal. You need to let him know that you absolutely still want to spend time with him and that you dig him without having him hurt or feel rejected to the point he feels it's over: which means, you need to accept he's going to be hurt, to some degree.

There isn't a way around that, but, tempering it can help. Whatever you do, don't do this via text or over the phone. That's hurtful and impersonal enough he may just break it off entirely with you.

The point isn't splitting up, it's getting you both in the same place, emotionally. Pacing things just a little bit. It's important that your actions match your words- and that his do, too. A Cancer man is pretty inclined to say what you want to hear and then revert right back to the behavior you didn't like or keeping things going fast, anyway.

If he does this, point it out- tell him, “You know, you agreed with me, yet...we’re still together every day” etc. Ask him how he feels and why he’s doing the things he’s doing. This is not meant to be confrontational, either- so, don’t make it that way: keep it inquisitive and open to discussion, listen to what he says.

This is not an easy conversation to have and understanding that is important. You’re going to be a little worried or afraid of how he’ll react and this is normal. It’s important, though, that you both know what your boundaries are and where you stand with what you feel. If his behaviors are freaking you out- it’s important you let him know that in a non-confrontational, honest way.

Unfortunately, having sex usually pushes emotional entanglements a lot further, a lot faster. Try as you might to not “make it weird”, it probably got weirder the more you had sex with one another, the more intimate you were, if you have.

If you haven’t yet- take this slowly. It’s not a moral thing, it’s just that for him and probably for you: that sex is truly an intense, emotional thing. Holding back on the physical will actually improve your intimacy levels but it will also allow the emotional aspects to grow: besides that, it does make for mindblowing sex later on.

Keep it going slowly by keeping that going slowly, if you haven't already. If you have, it's okay, you can still pull it back without ending it. For a Cancer man, you'll find that the best way to keep it going slowly is to take it to a traditional level.

He will appreciate the opportunity to court you and you'll appreciate the courting- but, only if you explain it that way. Holding hands, kissing, listening to one another- these things create a deeper bond, in a more slow-moving way.

However you go about it, tactful, gentle honesty is key.

### **Being Assertive- Without Being Off-Putting**

A wonderful- and powerful way to appeal to your Cancer man is something I call "Appropriate Assertiveness". Now, while your Cancer man might well be trying to test you and get you to "need" him- you can't be too needy. First off, he will hate that, and secondly: it's very unhealthy and ultimately doomed to failure. Enter Appropriate Assertiveness.

What you're doing here- because, frankly, whether you understand it's a test or not: someone who complains all the time is a total drag and create resentment. So, how do

you train him to do what you want without him being defensive? Make it about you, rather than what you feel he needs to do or not do.

When there is something you'd like to confront but you're just not sure how to go about it- use the "I" statement formula. This method and approach work with just about anyone but it particularly appeals to the Cancer male. When you use the "I" statement, you're saying this is your side- how you see it.

Do not second guess yourself, wondering how he's going to react to it. You've got to work with your communication skills to not only impart feeling but thought. If you can do this, you will be less likely to use language that will hurt him or put him on the defensive. The best way to do this is in using very clean statements, based on your feeling.

What this will do is to let him know that you feel strongly about the issue, without making the situation worse or detracting attention into the little sideline problems that happen. Ever had an argument that suddenly scattered into a million different things you both hate? Maybe not with him, but we have all been there. You end up with a totally nonproductive heated discussion that makes you both feel just awful.



## **What “I” Statements Are Not**

You are not trying to be polite with this and you're not trying to soften the blow. You're also not going to be rude with this, either: just completely clear about what has been bothering you. This is also not the way you're resolving the problem- it's not your solution, it's you stating the issue. It's supposed to be to open a discussion- not conclude it.

If you think that just expressing your problem is a solution, take a step back. You're going about this in the wrong mindset. Your Cancer man wants to hear your feelings but he wants to hear them in a way that doesn't make him feel like something you scraped off of your shoe- and he wants to fix the problem. So, in that light, drop the unrealistic expectation. The realistic expectation here is simply that you are opening the discussion about what's bothering you- and taking it from there is a Cancer specialty.

## **So, what are some things you can expect a realistic “I” statement to do?**

You can expect that it doesn't cause any hurt feelings and is a step in the right direction.

You can see that it will lead to the changes you'd like without BEING those changes.

It will lead to things you perhaps didn't expect at all- in

positive ways.

It will clarify something you are both confused about.

Sounds good, doesn't it?

You are working with something we call non-defensive communication in this and it's very helpful. When you start playing the blame game, you start a game that no one wins. Cancer men have a very bad habit of wanting to lay blame but you can help him avoid this and show a better way.

You can keep communication clear and go towards a solution rather than create defensive behaviors and see the entire conversation- and your relationship- go swirling the drain.

The best times to use these types of statements are when you need to call him out on something you don't like or hurts you, or when he's put YOU on the defensive. You may find yourself feeling quite defensive during conversations with him, yourself- and, instead of pointing your finger back at him: taking this more constructive approach will lead to both his issues and yours finding resolution in a better way!

You must understand that he may not react the way you want him to, straight away. This is an unrealistic expectation and can cause problems, too. I hate to say “Train him” when talking about a man but...it does fit to a certain degree. He will follow your lead in time, but it may take a bit of patience on your part to get him there.

## Six Simple Steps To A Better Conversation With Your Cancer Man

1. First, you must listen. But you have to listen constructively, which can be difficult. When your Cancer man is talking, don't interrupt him. Think of how angry that makes you! You wouldn't want to do that to anyone else. When he is talking to you, repeat what he's said in your own words- this shows him you are listening. When you can't, make sure you respond in some way that shows you are: “Mmmhmm.” “Is that so?” and otherwise are great ways to do this. Watch your body language! If your arms are crossed and you are tense and obviously closed off- he will notice. Instead, try to relax, try to be open. Lastly: you're listening, you are not advising- unless he is specifically asking for your input. ***So, just listen.***
2. Use “I” statements, not “you” statements. Rather than “You always...” or “And when you..” you're going to

say things like “When I’m..” or “I think that I..” or “I feel that I” or, “My concern is..”

3. Talk about his behavior- not him. Great examples of this are, for instance, when someone shouts at us- instead of “When you yell, you’re a big jerk!” try “When people shout at me, it makes me feel on edge” or similar. “When there is clutter, I feel like...” and so forth.
4. Make sure you explain how that behavior impacts you. Before you even broach the subject, think about how what he is doing impacts you- how it REALLY impacts you. For instance, if he does tend to raise his voice when upset, talking about how it is making you feel nervous or defensive really helps. If he’s messy, well, you can talk about how when things are cluttered and you can’t find what you need- it makes it hard for you to do things.
5. Ask for what you want to happen. If you know how to solve the problem, rather than push, you can ask for what you want. For instance, again, going back to the shouting example, a statement might be: “When people shout at me, I feel on edge and it makes me feel defensive but, what I’d like to see happen is calmer discussions. I know you get upset and want to be heard.”
6. State possible consequences. Here is where you need some balance because you don’t want this to

appear to be a threat. It isn't and you shouldn't be lobbing threats. However, if you say something like "We can better resolve these things that are important to you if we're both calmer about them" or something similar, you'll find you get the point across without having to outright state, "If you yell at me again, I'm going to chuck you out of a window." That's a bad idea, right there, for so many reasons- and of course, is an extreme one: but, we all know how strongly we feel about things. If you can instead focus on the positive, you'll find your Cancer man to be much more receptive.

## **10 Best Practices For Dealing With An Argument**

With a man as moody as a Cancer man tends to be- arguments are bound to happen. Don't think that things are so perfect it'll never happen: because, well, no such relationship even exists, Cancer man or not. However, there are things that you can do to make sure that these differences of mood and opinion don't wreck your relationship!

*The Silent Treatment is NOT Effective*

Though asking for some space when things get emotionally intense is a good thing- don't pull away and give him the sort of cold shoulder. Nothing hurts Cancer men worse than being ignored, except...for being ignored after harsh words have been exchanged.

Instead, try letting him know you need to step back to calm down a bit and do so mindfully. If it comes across as a punishment, it's not mindful and it'll do more harm than good.

### *Keeping Score is a Surefire Way To Lose*

If the two of you do argue and things get said that are hurtful: address them then, rather than sticking them away to bring up later on. If you do find that it doesn't get dealt with them, rather than stewing on it, wait until you're a little calmer- at least two days, and then, discuss it.

Address the fact that you don't think name calling is okay, and if you also engaged in it or other destructive communication: own it and apologize. You can both then commit to trying to refrain from it in the future and put it behind you.

### *I'm Sorry Isn't Enough*

If he's still hurt and you say you're sorry- be prepared to continue the discussion. If either of you attempts to just leave it at "I'm sorry." that is going to close off communication which can lead to actual resolution- it's just a band-aid. Instead, try saying "I'm sorry for what I did" and go into the steps you'll take to fix it. He should do the same, but, in the heat of a fight is probably not a good time to bring that up.

### *No Excuses on Either Side*

Of course, everyone wants to understand why things got so heated- but, blaming your fighting on external factors is a bad idea. Instead, if you have had a bad day- don't take it out on your Cancer man. Don't allow him to take his bad days out on you either. Let your partner understand that you've had a rough day and if he's had a rough day, leave off any confrontational behavior til later. Bringing up hot topics when you're already annoyed is never a good idea.

### *Keep Communication Open*

If the two of you need time to cool down, certainly, allow for that. Additionally, though- that shouldn't be the end of it. Whatever started the argument still needs resolution, so be open to discussing it later on when calmer heads will prevail.

### *Let it Go- At Least For a While*

If you need to step away- make sure you step away. Though you both may be tempted to continue, either by way of muttering things or sending nasty texts: stop for a while. Don't keep bringing it up when you're trying to calm down and if something reminds you, just keep it to yourself until you're REALLY calmer.

### *Makeup Sex is Not a Solution*

Nor is it a required activity. If you find that you've resolved an issue between you, but one of you isn't in the mood: don't. If he is attempting to initiate it, be sensitive to the fact that he may feel the rejection is a sign you're still upset when you're not.

The same holds true for him, so bear that in mind- Cancer men tie emotion to sex and even if he's not still upset, he may just not be into it. Clearly and calmly expressing that isn't a bad thing on either side. Being gentle with one another is needed.

### *Don't Fixate on The Fight Itself*



If the issue has been resolved- and the incident isn't a repeat thing: both of you need to just let it go. Don't keep bringing up something that had a resolution and don't keep bringing up the fight that resulted.

### *Intent is Not An Excuse*

Everyone tries to say "I didn't mean it" but, if you think about it, it really doesn't help anything. Someone could accidentally run over your foot- and they didn't mean it, but it still hurts. With a Cancer man..."I didn't mean it" is something he'll say- but, have a hard time swallowing when it's said to him. He wants you to know he didn't intend to hurt you- yet, he did, so, instead, resolve the issue and don't let him skirt it. If it's you..just avoid saying this one.

### *Don't Let It Get To You*

Every relationship has its share of conflicts- and, some are big, some are small. Though this is a very sensitive man, he gets that- and so should you. Though he may sulk about this or brood on it- once the problem is resolved and things have been settled, the healing begins in earnest. Both of you should put it behind you and not punish each other- or yourselves for it.

## **In Conclusion**

These are genuinely sweet, loyal and passionate men- and, most women who understand a little of the basics of astrology know this about Cancer men. Of course, that's a wonderfully attractive package there- and they are powerful men in this right, though they may not come across that way.

It's important to understand they are more action than they are speech- but, they can express themselves very, very well and should be allowed to do so. Though he may have quite a few women chasing him, the odds of him knowing this aren't that great- and he won't stray once he's decided he's yours and you are his.

We talked a bit about how because Cancer is symbolized by the sign of the crab, they can withdraw, allowing themselves to lock up in their protective shell. However, they will also lend that protectiveness to you, taking care of you and maybe even being just a bit possessive.

You can watch your Cancer man, though and understand he's going to be sensitive and kind to the last- and, likely, quite mortified if you let him know his mood swings have wounded you.

Though he's a shy type, that's just on the surface. It's a protective layer of him that he uses to keep himself from being rejected or hurt. Though you'll need to take those first steps and make the inroads to the relationship- you can bet he will take things to the fullest, once he has decided you two belong together. You will need to keep it going slowly and evenly, to prevent things from rushing ahead and burning out quickly.

### **Important Traits To Remember**

For your Cancer man, the family is absolutely everything- even if he doesn't have one yet. You may need to impress his family or impress upon him that it is an important thing to you. Take steps and make efforts to get to know the people who are most important to him, and don't shy away from genuine friendships with them- or be jealous of them!

You'll be shocked at how well being open to that with them goes for you- and, just as shocked at how badly it will go if you try to butt heads with them, or worse, try to get them out of his life. Don't try to push out his close friendships and definitely- not his family or you'll be the one out in the cold.

These are unique men- that's for sure. They're very into taking care of things and working very hard at that- though they may seem to be oddly disconnected at times. The mood swings may be a bit hard to understand, but once you do, you'll realize they can be diffused- and it gets easier to see what his unique buttons are to do just that.

A little patience goes a very long way here. A firm, but gentle hand in helping him understand your boundaries with that will not only help- but it will make him take note of your strength and respect it.

With strong emotions and intuition- there are times he may seem to be nearly psychic and other times, he may seem nearly oblivious to your feelings. Though that can be frustrating, you will discover that with a little calm clarity on your part: he's willing to fix the problems created by his occasional outburst or sullen mood.

Now, I know that relationships don't always go as planned, which is why this is not all I have to share with you about the Cancer man.

If you have had him and lost him, whatever the reason, there may be a way to mend your broken relationship, and

you can find the secrets to doing so in my bonus book ***How to Get a Cancer Man Back.***

This, along with the other special bonus books, including ***25 Ways to Make Your Cancer Man Feel Special, and How to Successfully Text a Cancer Man,*** and lastly, ***Cancer Man Sextrology,*** will provide you will all the tools and knowledge you could ever need to win the heart of your Cancer man and live happily ever after together.

I wish you all the very best in life and love, and I always love to hear from my readers, so please, never hesitate to be in touch if you have questions about things we didn't cover or suggestions for future books!

Now, what are you waiting for? Get out there and create the relationship you have always dreamt of with your Cancer man!

May the stars be on your side,

Anna Kovach

P.S. I would love to hear from you! If you have any questions or if you need some extra help with your specific

situation, feel free to email me at **[anna@annakovach.com](mailto:anna@annakovach.com)** and I will be happy to help you out as soon as I grab some time.

\*\*\*If you need help with anything of a technical matter, please contact my assistant Becky via email at **[Support@CancerManSecrets.com](mailto:Support@CancerManSecrets.com)** \*\*\*